

# CBSE | DEPARTMENT OF SKILL EDUCATION

## BEAUTY & WELLNESS (SUBJECT CODE - 407)

Marking Scheme of Sample Question Paper for Class X (Session 2024-2025)

Q. No.	QUESTIONS	SOURCE MATERIAL (NCERT/PSSCIVE/ CBSE Study Material)	UNIT/ CHAP. NO.	PAGE NO.	MARKS
Q. 1	Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)				
i.	_____ are group of words that work together to communicate an element of speech.  Answer: Phrases	CBSE	1	11	1
ii.	_____ refers to focusing human efforts for maintaining healthy body and mind.  Answer: Self-management	CBSE	2	178	1
iii.	_____ is a sign of mental stress.  Answer: Depression	CBSE	2	179	1
iv.	_____ is a shortcut key used to undo an action.  Answer: Ctrl+Z	CBSE	3	93	1
v.	_____ makes Entrepreneurship successful.  Answer: Independence	CBSE Entrepreneuria I skill-II	4	101	1
vi	_____ includes all living and non-living things.  Answer: Ecosystem	CBSE	5	186	1

Q. No.	QUESTIONS	SOURCE MATERIAL (NCERT/PSSCIVE/ CBSE Study Material)	UNIT/ CHAP. NO.	PAGE NO.	MARKS
Q. 2	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)				
i.	_____ is performed to remove all the impurities. Answer: Cleansing	CBSE	1	22	1
ii.	_____ is layer of skin has glands  Answer: Dermis	CBSE	1	9	1

iii.	_____ is the result of clogging of sebaceous glands.  Answer: Oily skin	CBSE	1	21	1
iv.	_____ is the study of the functions of the body parts.  Answer: Physiology	CBSE	1	27	1
v.	_____ cells are present in the epidermis layer in abundance.  Answer: Keratinocytes	CBSE	1	9	1
vi	_____ is synthesized in the skin in the presence of sunlight.  Answer: Vitamin D	CBSE	1	13	1
Q. No.	QUESTIONS	SOURCE MATERIAL (NCERT/PSSCI VE/ CBSE Study Material)	UNIT/ CHAP. NO.	PAGE NO.	MARKS
Q. 3	Answer any 5 out of the given 6 questions	(1 x 5 = 5 marks)			
i.	It is always recommended to perform _____ before bleaching procedure.  Answer: Patch test	CBSE	2	45	1
ii.	After bleaching, the facial hair appears pale _____  Answer: Golden	CBSE	2	45	1
iii.	An average, hair grows _____ per month. Answer: 1.25 cm (½ inch)	CBSE	2	34	1
iv.	Length of the thread should be between _____ inches for threading.  Answer: 24-30 inches	CBSE	2	49	1
v	Wax should be applied in the _____ direction.  Answer: Hair growth direction	CBSE	2	48	1
vi	Client should take bubble bath immediately after waxing.  Answer: NO	CBSE	2	36	1

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<b>Q. 4</b>	<b>Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)</b>				
i.	Analysis of skin is important to decide _____.  Answer: The product to be used	CBSE	3	59	1
ii.	_____ Color concealer should be applied to cover under eye dark circles.  Answer: Orange	CBSE	3	71	1
iii.	_____ pigment is used to produce eye makeup colors.  Answer: Cobalt Blue	CBSE	3	59	1
iv.	_____ is used to give shape to the lips.  Answer: Lip pencil	CBSE	3	69	1
v	The shade of foundation should be selected by trying on _____  Answer: Jawline.	CBSE	3	65	1
vi	Stick foundation is good for _____ skin type.  Answer: Oily	CBSE	3	65	1

Q. No.	QUESTIONS	SOURCE MATERIAL (NCERT/PSSCIVE/ CBSE Study Material)	UNIT/ CHAP. NO.	PAGE NO.	MARKS
<b>Q. 5</b>	<b>Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)</b>				
i.	Each sachet of Gutka contains _____ harmful chemicals.  Answer: 4000	CBSE	4	87	1
ii.	III- effect of alcoholism is _____  Answer: Both a&b	CBSE	4	87	1
iii.	Team spirit can be lost if _____.	CBSE	4	88	1

	<b>Answer: Team members are not flexible</b>				
iv.	To create a positive impression, you must ensure that _____.  <b>Answer: All above</b>	CBSE	4	81	1
v	Which type of makeup should be worn by receptionist?  <b>Answer: Natural Makeup</b>	CBSE	4	81	1
vi	Accurate message taking is very simple in salon and should include _____.  <b>Answer: Name of the person the message is for.</b>	CBSE	4	85	1

**SECTION B: SUBJECTIVE TYPE QUESTIONS**

**PART A- SHORT ANSWER TYPE QUESTION**

Q. No.	QUESTIONS	SOURCE MATERIAL (NCERT/PSSCIVE/ CBSE Study Material)	NIT/ CHA NO.	PAGE NO.	MARKS
<b>Answer any 3 out of the given 5 questions on Employability Skills (2 x 3 = 6 marks)</b> <b>Answer each question in 20 – 30 words.</b>					
Q. 6	<b>Define communication.</b> <b>Answer:</b> Communication is the act of conveying meanings from one entity or group to another through the use of mutually understood science, symbols and semiotic rules.	CBSE	1	10	2
Q.7	<b>Define stress.</b> <b>Answer:</b> Stress refers to a “physical, mental, or emotional strain or tension”. Small amounts of stress have a positive effect and they help us stretch ourselves to new level. High levels of stress over prolonged periods need to be managed. A Stress well managed can help one view events and situations as challenges and contributes in the growth of individual. Unmanaged stress leads to anxiety and sorrow resulting in ill status of mental and physical health	CBSE	2	178	2
Q. 8	<b>What is word processor?</b> <b>Answer:</b> A word processor is a software that helps you type and work with text on a computer. You can create a document like, letter, memo,	CBSE	3	80	2

	newsletter and save it in word processor.				
<b>Q. 9</b>	<b>What makes entrepreneur successful?</b> <b>Answer:</b> 1) Confidence 2) Independence 3) Perseverance 4) Open mindedness	<b>CBSE</b>	4		2
<b>Q. 10</b>	<b>Name the importance of green economy.</b> <b>Answer:</b> IMPORTANCE OF GREEN ECONOMY 1. Green economy promotes sustainable development 2. Green economy promotes effective resource utilization.	<b>CBSE</b>	5	191	2

**PART B- SHORT ANSWER TYPE SUBJECT SPECIFIC QUESTION**

<b>Q. No.</b>	<b>QUESTIONS</b>	<b>SOURCE MATERIAL (NCERT/PSSCIVE/ CBSE Study Material)</b>	<b>UNIT/ CHAP. NO.</b>	<b>PAGE NO.</b>	<b>MARKS</b>
<b>Answer any 4 out of the given 6 questions in 20 – 30 words each (2 x 4 = 8 marks)</b>					
<b>Q11</b>	<b>What is the main function of Langerhans cell in the body?</b> <b>Answer:</b> Langerhans cells are immune cells found in the epidermis and are responsible for helping the body learn and later recognize new 'allergens' (material foreign to the body).	<b>CBSE</b>	1	10	2
<b>Q. 12</b>	<b>Write down the advantages and disadvantages of bleaching.</b> <b>Answer:</b> Advantages of Bleach: The following are the advantages of bleaching: a) Instant /quick result within 10 minutes. b) Lightens skin tone. c) Helps to remove sun tan. Disadvantages of Bleach: a) Prolonged use of chemicals may have harmful effects on skin and hair. b) Require post bleach care.  Dryness, Texture, Wrinkles Appearance	<b>CBSE</b>	2	47	2

Q. 13	<p><b>Differentiate between anagen and catagen phases of hair growth cycle.</b></p> <p><b>Answer:</b></p> <p><b>Anagen</b> During the anagen phase, the hair follicle is active and the hair is growing continuously.</p> <p><b>Catagen</b> During this cycle, hair follicle undergoes a period of change and do not grow. This phase lasts for about 2 weeks</p>	CBSE	2	34	2
Q. 14	<p><b>How to categorize three groups of eye shadow and eyeliner?</b></p> <p><b>Answer:</b></p> <p><b>Highlighters:</b> Cream, white, beige colors (very light and neutral)</p> <p><b>Medium colors:</b> Like blue, green, brown, grey, pink, etc.</p> <p><b>Eyeliner colors:</b> Black, dark brown, grey.</p> <p><b>Matte colors:</b> Creates a good illusion.</p> <p><b>Glitter/shiny colors:</b> Let the illusion disappear.</p>	CBSE	3	68	2
Q. 15	<p><b>Describe the correct method of selecting foundation shade.</b></p> <p><b>Answer:</b> The shade of foundation should be selected by trying on the inside of the wrist or on the jawline. Foundation is to make the skin even and cover small imperfections and not to make a person fairer. Take 3 colors that you think will suit you and apply it onto your jawline or inside of the wrist. The one that disappears into your skin is the correct color.</p>	CBSE	3	65	2
Q16	<p><b>How body language plays an important factor during telephonic communication?</b></p> <p><b>Answer:</b> Even when the phone is answered with Hello? You can tell if that person is happy, bored, or hassled. Smiling when you announce yourself can help to make you sound pleased to receive the call.</p> <ul style="list-style-type: none"> <li>• Smile even though it cannot be seen, it will be heard.</li> <li>• Focus your eyes on something that will help you concentrate on your communication.</li> </ul> <p>Listen for body language eg. pauses and breathing patterns.</p>	CBSE	4	83	2

**PART C- DESCRIPTIVE/ LONG ANSWER TYPE SUBJECT SPECIFIC QUESTION**

Q. No.	QUESTIONS	SOURCE MATERIAL (NCERT/PSSCIVE/ CBSE Study Material)	UNIT/ CHAP. NO.	PAGE NO.	MARKS
<b>Answer any 3 out of the given 5 questions in 50– 80 words each</b>		<b>(4 x 3 = 12 marks)</b>			
Q17	<p><b>Explain the characteristics of oily and Sensitive skin type.</b></p> <p><b>Answer:</b></p> <p><b>Oily skin</b></p> <ol style="list-style-type: none"> <li>a) This type of skin is thicker and coarser than other types of skins.</li> <li>b) It has a tendency develop open pores, pimples, blackheads, papules and pustules.</li> <li>c) Oily skin can be found around the nose and chin.</li> <li>d) Oily skin is the result of clogging of sebaceous glands causing sluggish circulation</li> </ol> <p><b>Sensitive skin</b></p> <ol style="list-style-type: none"> <li>a) Very sensitive to cold, heat and wind.</li> </ol> <p>The skin becomes allergic and sensitive because of broken capillaries and results in rashes or irritation through strong preparation.</p>	CBSE	1	21	4
Q. 18	<p><b>Describe the guidelines to be followed while preparing the work area for waxing.</b></p> <p><b>Answer:</b> Working area preparation plays a very vital role in any spa treatment. A beauty therapist is required to set the treatment area as per standards of the spa. This will help in providing effective service. Any waste resulting from the waxing should be considered as contaminated waste.</p> <p>Certain guidelines should be followed to dispose of waste. The following guidelines may help to dispose of wastes:</p> <ul style="list-style-type: none"> <li>• Used strips should be put into small lined bins</li> <li>• Use industrial gloves to dispose of clinical wastes.</li> </ul> <p>The following guidelines should be adhered to prepare the working area:</p> <ul style="list-style-type: none"> <li>• Cover the couch properly to avoid any spillage.</li> </ul>	CBSE	2	36	4

<p><b>Q. 19</b></p>	<p><b>What after care advice should be given to client after waxing.</b>  <b>Answer:</b></p> <ul style="list-style-type: none"> <li>• Keep the skin clean for 24 hours after the treatment.</li> <li>• Wash hands and then apply any soothing or antiseptic cream and avoid touching the area with unclean hands.</li> <li>• Avoid using any fragranced deodorants, sprays, or powders.</li> <li>• Avoid taking hot or bubble shower as it can cause irritation.</li> <li>• Avoid going to the gym or any kind of workouts or sports for 24 hours as it would increase perspiration in the area.</li> <li>• Avoid wearing dirty clothes. Wear cotton clothes in order to avoid irritation</li> </ul>	<p><b>CBSE</b></p>	<p><b>2</b></p>	<p><b>40</b></p>	<p><b>4</b></p>
<p><b>Q20.</b></p>	<p><b>Explain the guidelines that should be followed by beauty therapist while preparing the work area.</b>  <b>Answer:</b>  <b>General guidelines for beauty therapist:</b></p> <ul style="list-style-type: none"> <li>• Keep the work area clean, tidy and well organized.</li> <li>• Use only sterilized tool and equipment.</li> <li>• Wash hands thoroughly before and after the treatment.</li> <li>• Never apply makeup over infected area.</li> <li>• Dispose of waste safely and hygienically in an appropriate container.</li> </ul>	<p><b>CBSE</b></p>	<p><b>3</b></p>	<p><b>60</b></p>	<p><b>4</b></p>
<p><b>Q. 21</b></p>	<p><b>Elaborate any three bad habits from which any beauty therapist must stay away.</b>  <b>Answer:</b>  <b>Alcoholism:</b> It's the tendency in which one consumes alcohol to cope with difficulties or to avoid the feeling sadness.  The ill effects of alcoholism are:</p> <ul style="list-style-type: none"> <li>• Increases risk of heart diseases, cancer, impaired immune system, liver infection.</li> <li>• Reduced work focus and drop in performance.</li> <li>• Degradation in social and economic status.</li> <li>• Induces withdrawal symptoms like anxiety, fatigue, headache, depression etc.</li> </ul> <p><b>Tobacco</b>  Tobacco is the second largest cause of death in the world. Its effects are:</p> <ul style="list-style-type: none"> <li>• It is a major reason for oral cancer which</li> </ul>	<p><b>CBSE</b></p>	<p><b>4</b></p>	<p><b>87</b></p>	<p><b>4</b></p>



affects mouth, tongue, cheek, gums and lips.

- Chewing tobacco lessens a person's sense of taste and ability to smell.
- Smokers face a greater risk of suffering from lung cancer.

**Ghutka**

Each sachet contains 4000 chemicals, including 50 that cause cancer like betal nut, tobacco, and flavoring.

- Loss of sensation in tongue
- Disfigured mouth
- Inability to open the mouth
- Swelling, lumps, rough spots on gums or in other places inside the mouth
- Unexplained bleeding in mouth
- Difficulty in swallowing and finally Mouth Cancer

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