

CBSE | DEPARTMENT OF SKILL EDUCATION

HEALTH CARE (SUBJECT CODE 813)

Marking Scheme of Sample Question Paper for Class XII

(Session 2023-2024)

Max. Time: 3 Hours

Max. Marks: 60

General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **24 questions** in two sections – Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (6 + 18 =) 24 questions, a candidate has to answer (6 + 11 =) 17 questions in the allotted (maximum) time of 3 hours.**
5. All questions of a particular section must be attempted in the correct order.
6. **SECTION A - OBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section has 06 questions.
 - ii. There is no negative marking.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.
7. **SECTION B – SUBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section contains 18 questions.
 - ii. A candidate has to do 11 questions.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.

SECTION A: OBJECTIVE TYPE QUESTIONS

Q. No.	Question	Source Material (NCERT/PSS CIVE/CBSE Study Material)	UNIT/Chapter No.	Marks
Q. 1	Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)			
i.	c) 1-B, 2- D, 3- A, 4- C	CBSE Textbook	Page 2 Unit 1 Communication Skills	1
ii.	b) Stress	CBSE Textbook	Page 26 Unit 2 Self- Management Skills	1
iii.	d) ctrl + u	CBSE Textbook	Page 55 Unit 3 Information and Communication Technology Skills	1
iv.	d) Fear of failure	CBSE Textbook	Page 70 Unit 4 Entrepreneurial Skills	1
v.	a) Schizoid personality disorder	CBSE Textbook	Page 46 Unit 2 Self- Management Skills	1
vi.	(b) A, B	CBSE Textbook	Page 122 Unit 5 Green Skills	1
Q. 2	Answer any 5 out of the given 7 questions (1 x 5 = 5 marks)			
i.	a) admission notes	CBSE Textbook	Page 7 Unit 1 Medical Record/ Documentation	1
ii.	a) Medical Treatment Team	CBSE Textbook	Page 82 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	1
iii.	a) Elderly care	CBSE Textbook	Page 19 Unit 2 Role of General Duty Assistant in	1

			Elderly and Child care	
iv.	c) Time Limited	CBSE Textbook	Page 102 Unit 6 Self-Management and Career Scope	1
v.	d) Operation theater	CBSE Textbook	Page 61 Unit 4 Operation Theater	1
vi.	a) Hospital staff	CBSE Textbook	Page 45 Unit 3 Bio- Medical Waste Management	1
vii.	b) Self-Management	CBSE Textbook	Page 104 Unit 6 Self-Management and Career Scope	1
Q. 3	Answer any 6 out of the given 7 questions (1 x 6 = 6 marks)			
i.	b) Sterile/Aseptic zone	CBSE Textbook	Page 62 Unit 4 Operation Theater	1
ii.	c) Search and Rescue Team	CBSE Textbook	Page 82 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	1
iii.	c) Doctor's order sheet	CBSE Textbook	Page 14 Unit 1 Medical Record/ Documentation	1
iv.	d) Chemical waste	CBSE Textbook	Page 45 Unit 3 Bio- Medical Waste Management	1
v.	b) Medical Triage Team	CBSE Textbook	Page 82 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	1
vi.	d) Sensory system	CBSE Textbook	Page 25 Unit 2 Role of General Duty Assistant in Elderly and Child care	1
vii.	d) Structure the environment	CBSE Textbook	Page 107 Unit 6 Self-Management and Career Scope	1
Q. 4	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)			
i.	d) In-charge Sanitation Inspector	CBSE Textbook	Page 57 Unit 3	1

			Bio- Medical Waste Management	
ii.	b) Drills	CBSE Textbook	Page 85 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	1
iii.	b) Less ability to understand	CBSE Textbook	Page 28 Unit 2 Role of General Duty Assistant in Elderly and Child care	1
iv.	c) Discharge certificate	CBSE Textbook	Page 15 Unit 1 Medical Record/ Documentation	1
v.	a) Critical thinking	CBSE Textbook	Page 111 Unit 6 Self-Management and Career Scope	1
vi.	a) Clean zone	CBSE Textbook	Page 62 Unit 4 Operation Theater	1
Q. 5	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)			
i.	a) Cytotoxic waste	CBSE Textbook	Page 45 Unit 3 Bio- Medical Waste Management	1
ii.	a) Medical record	CBSE Textbook	Page 3 Unit 1 Medical Record/ Documentation	1
iii.	b) Holding area for patient	CBSE Textbook	Page 63 Unit 4 Operation Theater	1
iv.	d) Birth to 1 year	CBSE Textbook	Page 37 Unit 2 Role of General Duty Assistant in Elderly and Child care	1
v.	c) Disaster Management	CBSE Textbook	Page 78 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	1
vi.	d) vision impairment	CBSE Textbook	Page 32 Unit 2 Role of General Duty Assistant in Elderly and Child care	1

Q. 6	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)			
i.	b) Self-Management skill	CBSE Textbook	Page 104 Unit 6 Self-Management and Career Scope	1
ii.	d) Pathological waste	CBSE Textbook	Page 45 Unit 3 Bio- Medical Waste Management	1
iii.	a) Gout	CBSE Textbook	Page 32 Unit 2 Role of General Duty Assistant in Elderly and Child care	1
iv.	d) A, B, C and D	CBSE Textbook	Page 3 Unit 1 Medical Record/ Documentation	1
v.	b) Patient monitors	CBSE Textbook	Page 65 Unit 4 Operation Theater	1
vi.	d) disaster	CBSE Textbook	Page 77 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	1


SECTION B: SUBJECTIVE TYPE QUESTIONS





Q. No.	Question	Source Material (NCERT/PS SCIVE/CBS E Study Material)	UNIT/Chapter No.	Marks
	Answer any 3 out of the given 5 questions in 20 – 30 words each (2 x 3 = 6 marks).			
Q. 7	Ans: The five stages of active listening are as follows. 1. Receiving: It involves listening attentively. 2. Understanding: It is an informed agreement about something or someone. 3. Remembering: It refers to the retrieval or recall of some information from the past. 4. Evaluating: It is about judging the value, quantity, importance and amount of something or someone. 5. Responding: It is about saying or doing something as a response to something that has been said or done. (2 Marks)	CBSE Textbook	Page 5 Unit 1 Communication Skills	2
Q. 8	Ans: Following are the two techniques : - Healthy diet: A healthy and balanced diet is important for a healthy body and mind.	CBSE Textbook	Page 25 Unit 2 Self-Management Skills	2

	- Physical exercise and fresh air: Following a healthy lifestyle is essential for students. (2 Marks)			
Q. 9	<p>Ans: The steps involved in saving a spreadsheet in PDF format are:</p> <ol style="list-style-type: none"> 1. Click on the export directly as PDF ICON on the standard bar. This will export the entire document using the default PDF settings. 2. The export dialog box appears. 3. Select the drive and the folder where we want to save the file. 4. Type the file name and click ok button. (2 Marks) 	CBSE Textbook	Page 30 Unit 3 Information and Communication Technology Skills	2
Q. 10	<p>Ans: Benefits of Entrepreneurial Competencies</p> <ul style="list-style-type: none"> • Taking actions to implement your ideas. • Understanding the need or the problem your offering is fulfilling or solving. • Strategizing and planning the steps that need to be taken. • Preparing an action plan and timeline. • Networking with stakeholders. • Interacting with customers. • Gaining and analyzing insights. • Building and motivating a team. (Any other suitable competency may be also be write). Any 4 (2 Marks) 	CBSE Textbook	Page 47 Unit 4 Entrepreneurial Skills	2
Q. 11	<p>Ans: Green jobs help:</p> <ul style="list-style-type: none"> • increase the efficiency of energy and raw material. • reduce greenhouse gas emissions. • control waste and pollution. • protect and restore ecosystems. • support adaptation to the effects of climate change. <p>(2 Marks)</p>	CBSE Textbook	Page 114 Unit 5 Green Skills	2
Answer any 3 out of the given 5 questions in 20 – 30 words each (2 x 3 = 6 marks)				
Q. 12	<p>Ans: (a) After the patient has fully recovered from anesthesia and is feeding nauseated, he/she is initially given sips of water to drink. When he/she is found to tolerate that well, he is given liquids orally e.g. tea, coffee, coconut water, fruit juices, etc. gradually. But the</p>	CBSE Textbook	Page 73 Unit 4 Operation Theater	2

	<p>condition depends on type of surgery & patients' consciousness.</p> <p>(b) The next day he/she is given soft diet, in non-gastric intestinal surgery. The following day he is given balanced diet. (2 Marks)</p>			
Q. 13	<p>Ans: Problem Oriented Medical Records (POMR)</p> <p>There is an index list that defines each problem. Everything is itemized and specific problems are organized into four parts. The main advantage of it is that, it makes it easier to follow a course of treatment under a specific problem. However, this type would be time consuming as well, especially to file a new problem in it. The POMR consists of four components, the database, the problem list, initial plan for each problem and progress note for each problem. (2 Marks)</p>	CBSE Textbook	Page 13 Unit 1 Medical Record/ Documentation	2
Q. 14	<p>Ans: Everybody is increasingly aware of the cost of time. Individuals and departments are held accountable for their use of time. Goals are clearly defined and financial penalties are incurred for missed deadlines. School culture can have an important influence on how student use their time. In too many schools, working long hours is equated with working hard. If you leave on time, you may often decrease efficiency and productivity. The rewards will be the ability to control your workload, and more time to focus on the most important aspects of your activities. (2 Marks)</p>	CBSE Textbook	Page 107 Unit 6 Self-Management and Career Scope	2
Q. 15	<p>Ans: Role of Sanitation Inspector</p> <p>The In-charge Sanitation Inspector is responsible for the implementation, monitoring and evaluation of hospital waste management from collection and storage of hospital waste to its final disposal. He/she attend the Hospital Waste Management Committee meetings and ensure the training of the staff. Regular in-service training and evaluation of the sanitation attendants carried out by him/her. He/she shall also provide feedback information to Officer In-charge waste management in case of accidents and spills. (2 Marks)</p>	CBSE Textbook	Page 57 Unit 3 Bio- Medical Waste Management	2
Q. 16	<p>Ans: Medical Triage Team (2 people):</p> <p>They provide Simple Triage and Rapid Treatment (START) triage for victims found at the scene; marking victims with category of injury as per the standard operating procedures and assist the Fire Suppression Team or Rescue Team, if needed. The START system was developed to allow first responders to triage multiple victims in 30 seconds or less based on three primary observations: Respiration, Perfusion and Mental Status. (2 Marks)</p>	CBSE Textbook	Page 83 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	2

	Answer any 2 out of the given 3 questions in 30– 50 words each (3 x 2 = 6 marks)			
Q. 17	<p>Ans: Self-management is a key skill that will help you throughout your life. It involves setting goals and managing your time.</p> <p>Developing your motivation and concentration skills will help you to overcome the problems. Effective self-management will help you to avoid stress and provide you with more opportunities to get involved in activities. A key skill in self-management is self-regulation. Self-regulation refers to individuals monitoring, controlling and directing aspects of their learning for themselves.</p> <p>(3 Marks)</p>	CBSE Textbook	Page 104 Unit 6 Self-Management and Career Scope	3
Q. 18	<p>Ans: Taking Care of Muscle Problems</p> <p>Regular exercise is very important in order to maintain and improve muscle function. The GDA should help the patient to do range of motion exercise so that they can move their muscles and joints completely. GDA and other members of the team often help and/or remind the patient or resident to perform these exercises.</p> <p>When a person is not able to do these transfers, they must depend on others for help and GDA can do it in a better way. Teach the patient to practice how to walk up and down stairs using a handrail. When a person walks up the stairs, they should put their good leg up on the stair and then bring up the weak one. (3 Marks)</p>	CBSE Textbook	Page 33 Unit 2 Role of General Duty Assistant in Elderly and Child care	3
Q. 19	<p>Ans: Early mobilization reduces the risk of the following complications.</p> <p>(a) Deep vein thrombosis.</p> <p>(b) Pulmonary embolism</p> <p>(c) Hypostatic pneumonia.</p> <p>(3 Marks)</p>	CBSE Textbook	Page 73 Unit 4 Operation Theater	3
	Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)			
Q. 20	<p>Ans: Medical Treatment Team (2 people):</p> <ul style="list-style-type: none"> • The team provides medical treatment to victims within the scope of their training. This task is normally accomplished in the Treatment Area; however, it may take place in the affected area as well. • They may also assist the Fire Suppression Team and the Medical Triage Team as needed. The team members have to work under the supervision of the ERT team leader and communicate with him/her. • Because every ERT member in a community receives the same core instructions, all team members have the training necessary to assume 	CBSE Textbook	Page 83 Unit 5 Role of General Duty Assistant in Disaster Management and Emergency response	4

	<p>any of these roles. Hasty teams may be formed by whichever members are responding at the time.</p> <ul style="list-style-type: none"> Members may need to adjust team roles due to stress, fatigue, injury, or other circumstances. <p>(4 Marks)</p>			
Q. 21	<p>Ans:</p>  <p>(4 Marks)</p>	CBSE Textbook	Page 63 Unit 4 Operation Theater	4
Q. 22	<p>Ans: Thinking and Learning Abilities</p> <p>The thinking and learning abilities of the older adults affect how we communicate, instruct and teach them and their family members. Older adults need special care during communication and instruction for doing exercise, etc. They often have a physical and mental problem that can interfere with learning and thinking. Older adults may have:</p> <ul style="list-style-type: none"> A short attention span: Old adults may not be able to understand long and detailed information. They may do better with short instructions. Less learning ability: Old people may not be able to learn new things as well as they did in the past. Less ability to understand: Many older adults are confused and not able to understand. An inability to communicate: Older adults may not be able to speak and ask questions. After a stroke, many patients have aphasia; a lack of ability to speak. Poor hearing and sight: Vision and hearing get poor as humans age. GDA and others must give a patient their eyeglasses and/or their hearing aid so they can communicate easily <p>(4 Marks)</p>	CBSE Textbook	Page 28 Unit 2 Role of General Duty Assistant in Elderly and Child care	4
Q. 23	<p>Ans:</p>	CBSE Textbook	Page 47 Unit 3 Bio- Medical Waste Management	4

S.No.	Category	Type of waste	Colour & Type of Container
1.	Yellow Category	<ul style="list-style-type: none"> - Human Anatomical Waste - Animal Anatomical Waste - Soiled Waste - Discarded or Expired Medicine - Microbiology, Biotechnology and other clinical laboratory waste - Chemical waste (yellow-e) - chemical Liquid Waste 	Yellow coloured non-chlorinated Plastic Bags  Note: (i) Chemical Waste (yellow-e) comprising of un-used residual or date expired liquid chemicals including spent hypo of X-Ray, should be stored in yellow container
2.	Red Category	Contaminated Waste (Recyclable)	Red Coloured Non Chlorinated Plastic Bags (having thickness equal to more than 50 μ) and Containers 
3.	White Category	Waste Sharps including metals	White Coloured translucent, puncture proof, leak proof, Temper Proof containers 
4.	Blue Category	<ul style="list-style-type: none"> • Glassware • Metallic Body Implants 	Puncture proof, leak proof boxes of containers with blue coloured marking 

(4 Marks)

Q. 24

Ans: Symptoms and Complaints

Any symptoms or complaints by patient should be documented in detail. This can include subjective or objective data and must be specific in terms of location, duration, intensity, amount, size and frequency. While documenting, the complaints of the patient, care given and response of the patient is also noted.

Medications and Treatments

Usually there will be a medication administration record. When all the medicines are administered, charting is done. If any medication is not given, the reason for that should be documented and it is better to inform the physician concerned. Time, route and dosage of medicine and the reason for administration and the response of the patient are also documented.

(4 Marks)

CBSE
Textbook

Page 11
Unit 1
Medical Record/
Documentation

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