

CBSE | DEPARTMENT OF SKILL EDUCATION

CURRICULUM FOR SESSION 2022-2023

BEAUTY AND WELLNESS (SUBJECT CODE-807)

JOB ROLE: BEAUTY THERAPIST

CLASS – XI & XII

COURSE OVERVIEW

This course is designed for the students to learn about and perform the basics of beauty therapy and maintain hygiene and safety at workplace. The students would gain knowledge about various beauty products and will be able to perform basic depilation, manicure, pedicure and basic face care services. They will be able to assist Beauty Therapist in providing advanced services. The students will be trained in the correct usage and handling to perform the skin treatments safely.

SCHEME OF UNITS

This course is a planned sequence of instructions consisting of units meant for developing employability and vocational competencies of students of Class XI opting for skill subject along with other education subjects.

BEAUTY AND WELLNESS (SUBJECT CODE-807)

CLASS – XI (SESSION 2022-2023)

Total Marks: 100 (Theory – 60+ Practical – 40)

	UNITS	NO. OF HOURS for Theory and Practical		MAX. MARKS for Theory and Practical
Part A	Employability Skills			
	Unit 1 : Communication Skills-III	10		2
	Unit 2 : Self-Management Skills-III	10		2
	Unit 3 : ICT Skills-III	10		2
	Unit 4 : Entrepreneurial Skills-III	15		2
	Unit 5 : Green Skills-III	05		2
	Total		50	
Part B	Subject Specific Skills	Theory	Practical	Marks
	Unit 1: Introduction to Beauty and Wellness Industry and Beauty Therapy	10	20	25
	Unit 2: Skin Care Services	20	40	
	Unit 3: Manicure and Pedicure Services	10	40	25
	Unit 4 : Depilation Services	10	35	
	Total	50	130	
Part C	Practical Work			
	Practical Examination			15
	Written Test			10
	Viva Voce			10
	Total			
Part D	Project Work /Field Visit /Practical File/Student Portfolio	15		05
	Total			05
	GRAND TOTAL	260		100

BEAUTY AND WELLNESS (SUBJECT CODE-807)

CLASS – XII (SESSION 2022-2023)

Total Marks: 100 (Theory – 60+ Practical – 40)

	UNITS	NO. OF HOURS for Theory and Practical		MAX. MARKS for Theory and Practical
Part A	Employability Skills			
	Unit 1 : Communication Skills-IV*	10		-
	Unit 2 : Self-Management Skills- IV	10		3
	Unit 3 : ICT Skills- IV	10		3
	Unit 4 : Entrepreneurial Skills- IV	15		4
	Unit 5 : Green Skills- IV*	05		-
	Total	50		10
Part B	Subject Specific Skills	Theory	Practical	Marks
	Unit1:MakeUp Services	20	55	25
	Unit2: Facial Beauty Services	20	60	
	Unit3: Salon Reception Duties	06	14	25
	Unit4: Create a positive impression at workplace	06	14	
	Total	52	143	50
Part C	Practical Work			
	Practical Examination			15
	Written Test			10
	Viva Voce			10
	Total			35
Part	Project Work/ Field Visit/ Practical File/ Student Portfolio	15		05
	Total	15		05
	GRAND TOTAL	260		100

Note: * marked units are to be assessed through Internal Assessment/ Student Activities. They are not to be assessed in Theory Exams

DETAILED CURRICULUM/TOPICS FOR CLASS XII

Part-A: EMPLOYABILITY SKILLS

S. No.	Units	Duration (in Hours)
1.	Unit 1: Communication Skills- IV*	10
2.	Unit 2: Self-management Skills- IV	10
3.	Unit 3: Information and Communication Technology Skills- IV	10
4.	Unit 4: Entrepreneurial Skills- IV	15
5.	Unit 5: Green Skills- IV*	05
	TOTAL DURATION	50

Note: * marked units are to be assessed through Internal Assessment/ Student Activities. They are not to be assessed in Theory Exams

Detailed Curriculum/ Topics to be covered under Part A: Employability Skills can be downloaded from CBSE website.

Part-B – SUBJECT SPECIFIC SKILLS

- Unit 1: Make Up Services
- Unit 2: Facial Beauty Services
- Unit 3: Salon Reception Duties
- Unit 4: Create a positive impression at work place

DETAILED CURRICULUM:

UNIT 1 – MAKE UP SERVICES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	Perform Make Up Services	<ol style="list-style-type: none">1. Basic skin types and skin tones. (Oily, dry, normal and combination; Skin tone: Fair, dark, pink, yellow, pale)2. Select and apply the correct make-up products to enhance facial features, to suit the client's needs and achieve the desired effect3. Various Make-up products: Foundation, powder, blusher, mascara, eye shadows, eye liner, eyebrow pencil,	<ol style="list-style-type: none">1. Identify basic skin types and skin tone correctly.2. Select and apply the correct make-up products to enhance facial features, suit client's needs and achieve the desired effect keeping in mind the hue, tints & other colour coordinates3. Demonstration of different make-ups: Day, Party, Evening Bridal Make Up4. Application of bindi design5. Demonstration of draping costumes on customer

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
		<p>lip liner and lip stick/gloss, etc</p> <p>4. Colour wheel and how to use it for selecting right makeup products</p> <p>5. Importance of Highlighting and contouring with respect to make up</p> <p>6. Basic bindi designs</p> <p>7. Different draping techniques*</p> <p>8. Various make-up removal products and procedures</p>	<p>using correct techniques and without discomfort to the customer</p> <p>6. Using make-up removers, cleanser and toners to remove make-up</p>

(*NOTE: To be assessed in Practicals only. No question shall be asked from this portion in Theory Exams)

UNIT 2 – FACIAL BEAUTY SERVICES

(*NOTE: To be assessed in Practicals only. No question shall be asked from this portion in Theory Exams)

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	Operate and apply electrical/electronic equipment for facial beauty services safely and effectively	<p>1. Electrical/electronic machine equipment for beauty services -Brush Machine/Brush Unit, Facial Steamer(Vapour Zone), High</p> <p>2. Frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro current, Electro-muscle Stimulator, Lymphatic Drainage* Equipment, Microdermabrasion, Ultra-sonic</p> <p>3. Contraindications & contraindications for use of different machines.</p> <p>4. Using the equipment for facial beauty</p>	<p>1. Identify various electrical/electronic machine equipment for beauty services correctly -Brush Machine/Brush Unit, Facial Steamer(Vapour Zone), High frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro current, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Micro dermabrasion, Ultra-sonic</p> <p>2. Select and prepare suitable skincare products to meet the client's needs in line with the client service plan</p> <p>3. Select the correct machine and accessories as per the service plan</p> <p>4. Operate the equipment as per manufacturer's instructions in line with service procedure requirements</p> <p>5. Identify contra-indications and respective necessary actions</p> <p>6. Demonstrate specific after-procedure, homecare advice and recommendations for product use and further treatments to the client</p>

UNIT 3 –SALON RECEPTION DUTIES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	Perform salon reception duties	<ol style="list-style-type: none"> 1. Importance of customer satisfaction for business and professional success 2. Information required for booking an appointment and the purpose of each item of information 3. Features and operational procedures of computerized booking systems 4. Importance of managing customers during waiting periods and possible ways to do that 5. Customer service principles including privacy and protection to modesty of the customers 6. Data protection, its importance, application and relevant practices 	<ol style="list-style-type: none"> 1. List types of products and services offered by the salon and their costs 2. Enlist time taken for various services and procedures offered by the salon 3. Role play to demonstrate different client handling situation.

UNIT4–CREATE A POSITIVE IMPRESSION AT WORKPLACE

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	Create Positive impression at work place (Client care and communication in beauty industry)	<ol style="list-style-type: none"> 1. Effective consultation techniques to identify treatment objectives 2. Effective communication techniques when dealing with clients 3. Professional etiquettes 	<ol style="list-style-type: none"> 1. Role plays to demonstrate right consultation & communication techniques with clients. 2. Demonstrate client handling method sciting situational examples

LIST OF EQUIPMENT AND SUPPORT MATERIAL:

The list given below is suggestive and an exhaustive list should be compiled by the teacher(s) teaching the subject. Only basic tools, equipment and accessories should be procured by the Institution so that the routine tasks can be performed by the students regularly for practice and acquiring adequate practical experience.

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|----------------------------------|----------------------|
| 1. All in one Eyelash Brush/Comb | 6. Bath Comp |
| 2. All Propose Comb | 7. Blackhead Remover |
| 3. Applicator Brush | 8. Bleach Brush |
| 4. Arm Chair | 9. Body Massage Bed |
| 5. Barber Brush | 10. Bowles |

11. Brushing Machine 10 in 1 (Vacuum, High Frequency, galvanic, wood lamp, magnifying glass, steamer)
12. Complete Make up Brushes Set
13. Computer with Internet
14. Crimpers
15. Curling Iron
16. Curling Rods (Small, Medium, Large)
17. Cuticle Knife, Buffers, Pedicure rasp(hard skin removal), Nail scissors
18. Clippers, Hard skin remover, nipper (for pedicure)
19. Cutting Scissors
20. Cutting Sheets
21. Decorative Pins Boxes
22. Double Wax heater
23. Dustbin
24. Electric Curler
25. Exfoliation Machine
26. Eyebrow Pencil Sharpener
27. Facial Bed
28. Facial Steamer
29. Foot Scraper
30. Foot spa
31. Frosting cap
32. Galvanic Machine
33. Garbage Bin/Bags
34. Hair Brush
35. Hair Clips set
36. Hair Connector
37. Hair cutting Comb
38. Hair Dresses Chair/Stool
39. Hair Dryer
40. Hair Pin Boxes
41. Hair Steamer
42. Hand Mirrors
43. High Chair
44. Hydraulic Chair 5
45. Infrared Lamp
46. Invisible Pins Boxes
47. Jumbo Rollers set
48. Ladies/kids Cut Catalogues
49. Large Size Rollers
50. Large Stools
51. Large Tooth Comb
52. Magazines/Books with rack
53. Magnifying Glass
54. Make up Catalogues
55. Make up Palate
56. Manicure Set
57. Manicure Table
58. Markers Set as required
59. Measuring Cup sets
60. Measuring Glass sets
61. Measuring Spoon sets
62. Medium Size Rollers
63. Mixing Bowler set
64. Modular Mirrors
65. Mop
66. Needle for Striking
67. Paraffin Heater
68. Pedicure Set
69. Perming Cap
70. Pin Curl Clips Boxes
71. Razor with blade
72. Roller Brush set 5 in 1
73. Roller Pins
74. Shampoo Bowl Set
75. Shampoo Unit
76. Shower Cap
77. Small Scissors
78. Small Size Hair Rollers Wires
79. Small Stools
80. Spatula
81. Spray Bottle
82. Sterilizer
83. Stone Therapy set
84. Straightening Iron
85. Tail Comb
86. Thinning Scissors
87. Timer
88. Tinting Brush with Comp
89. Tweezers
90. White Board
91. Wide Toothed Comb
92. Working and facial Trolleys