

# CBSE | DEPARTMENT OF SKILL EDUCATION

## PHYSICAL ACTIVITY TRAINER (SUBJECT CODE: 418)

### CLASS X (SESSION 2021-2022) BLUE-PRINT FOR SAMPLE QUESTION PAPER FOR TERM – II

Max. Time Allowed: 1 Hour (60 min)

Max. Marks: 25

#### PART A - EMPLOYABILITY SKILLS (05 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS - VSA (1 MARK EACH)	NO. OF QUESTIONS - SA (2 MARKS EACH)	NO. OF QUESTIONS - LA (4 MARKS EACH)	TOTAL NUMBER OF QUESTIONS
4	Entrepreneurial Skills-II	2	1	-	3
5	Green Skills-II	2	1	-	3
TOTAL QUESTIONS		4	2	-	06
NO. OF QUESTIONS TO BE ANSWERED		Any 3	Any 1	-	04
TOTAL MARKS		3 x 1 = 3 Marks	1 x 2 = 2 Marks	-	05 Marks

#### PART B - SUBJECT SPECIFIC SKILLS (20 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS - VSA (1 MARK EACH)	NO. OF QUESTIONS - SA (2 MARKS EACH)	NO. OF QUESTIONS - LA (4 MARKS EACH)	TOTAL NUMBER OF QUESTIONS
3	Free play	3	3	1	7
4	Monitoring and Inventory Management	3	3	2	8
TOTAL QUESTIONS		06	06	03	15
NO. OF QUESTIONS TO BE ANSWERED		04	04	02	10
TOTAL MARKS		4 x 1 = 04 Marks	4 x 2 = 08 Marks	2 x 4 = 08 Marks	20 Marks
TOTAL MARKS		05 (Part A) + 20 (Part B) = 25 MARKS			

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### SAMPLE QUESTION PAPER FOR TERM - II

Max. Time Allowed: 1 Hour (60 min)

Max. Marks: 25

#### General Instructions:

1. Please read the instructions carefully
2. This Question Paper is divided into 03 sections, viz., Section A, Section B and Section C.
3. Section A is of 05 marks and has 06 questions on Employability Skills.
  - a) Questions numbers 1 to 4 are one mark questions. Attempt any three questions.
  - b) Questions numbers 5 and 6 are two marks questions. Attempt any one question.
4. Section B is of 12 marks and has 12 questions on Subject Specific Skills.
  - a) Questions numbers 7 to 12 are one mark questions. Attempt any four questions.
  - b) Questions numbers 13 to 18 are two marks questions. Attempt any four questions.
5. Section C is of 08 marks and has 03 competency-based questions.
  - a) Questions numbers 19 to 21 are four marks questions. Attempt any two questions.
6. Do as per the instructions given in the respective sections.
7. Marks allotted are mentioned against each section/question.

### SECTION A

(3 + 2 = 5 marks)

<b>Answer any 3 questions out of the given 4 questions. Each question is of mark.</b>		<b>1 x 3 = 3</b>
<b>Q.1</b>	Shrey and Aanya both own bakeries, while Shrey just handles the customers who come to his bakery, Aanya also runs an online store and manages the deliveries. Since, both own the same kind of shop who would u categories as a businessperson and as an entrepreneur based on their efforts for the bakery?	<b>1</b>
<b>Q.2</b>	Shanaya runs a new online service where people are available for all kinds of maintenance job. Mention 2 ways of how she can flourish her business.	<b>1</b>
<b>Q.3</b>	What would you call the kind of development where future and present needs are ensured simultaneously?	<b>1</b>
<b>Q.4</b>	The issues of poverty, gender equality, water use, energy, climate change and biodiversity are taken care of under which worldwide summit as a goal for sustainable development and since when?	<b>1</b>
<b>Answer any 1 question out of the given 2 questions. Each question is of mark.</b>		<b>2 x 1 = 2</b>
<b>Q.5</b>	Explain any two functions which helps the entrepreneur to: <ol style="list-style-type: none"><li>a. Manage the income earned.</li><li>b. Increase the sale of their product.</li></ol>	<b>2</b>
<b>Q.6</b>	How will an educated individual help in achieving sustainable development goals?	<b>2</b>

**SECTION B****(4 + 8 = 12 marks)**

<b>Answer any 04 questions out of the given 06 questions</b>		<b>1 x 4 = 4</b>
<b>Q.7</b>	Physical activity carried out under an agreed set of universal rules for competitions is known as?	<b>1</b>
<b>Q.8</b>	Between Games and Play, which form of activity don't follow any set of rules?	<b>1</b>
<b>Q.9</b>	Planning of play is a part of Structured or Unstructured play?	<b>1</b>
<b>Q.10</b>	Between permanent and portable equipment, which is preferred for multipurpose sports infrastructure?	<b>1</b>
<b>Q.11</b>	Mention any one prop or equipment used for marking boundaries?	<b>1</b>
<b>Q.12</b>	The inventory management process of regular tracking of equipment procurement, availability and consumption of sports equipment is known as?	<b>1</b>
<b>Answer any 04 questions out of the given 06 questions</b>		<b>2 x 4 = 8</b>
<b>Q.13</b>	What is the difference between Sport and Game?	<b>2</b>
<b>Q.14</b>	What are the advantages of Structured play?	<b>2</b>
<b>Q.15</b>	Identify the important factors while selecting sports equipment?	<b>2</b>
<b>Q.16</b>	Enlist the names of props and equipment which can be used for movement education and physical activities for children?	<b>2</b>
<b>Q.17</b>	Define the term inventor in sports?	<b>2</b>
<b>Q.18</b>	Describe the importance of inventory management in sports?	<b>2</b>

**SECTION C****(2 x 4 = 8 marks)****(COMPETENCY BASED QUESTIONS)**

<b>Answer any 02 questions out of the given 03 questions</b>		
<b>Q.19</b>	Suggest a sample design of an audit sheet to help monthly tracking of sports inventory?	<b>4</b>
<b>Q.20</b>	Describe the important components in a lesson plan for organizing free play activities?	<b>4</b>
<b>Q.21</b>	Explain how sports equipment and facilities can be made age appropriate?	<b>4</b>