CBSE | DEPARTMENT OF SKILL EDUCATION

HEALTH CARE (SUBJECT CODE 413)

CLASS X (SESSION 2021-2022)

BLUE-PRINT FOR SAMPLE QUESTION PAPER FOR TERM – II Max. Marks: 25

Max. Time Allowed: 1 Hour (60 min)

PART A - EMPLOYABILITY SKILLS (05 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS - VSA (1 MARK EACH)	NO. OF QUESTIONS - SA (2 MARKS EACH)	NO. OF QUESTIONS - LA (4 MARKS EACH)	TOTAL NUMBER OF QUESTIONS
4	Entrepreneurial Skills-II	2	1	-	3
5	Green Skills-II	2	1	-	3
	TOTAL QUESTIONS	4	2	-	06
N	IO. OF QUESTIONS TO BE ANSWERED	Any 3	Any 1	-	04
	TOTAL MARKS	3 x 1 = 3 Marks	1 x 2 = 2 Marks	-	05 Marks

PART B - SUBJECT SPECIFIC SKILLS (20 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS - VSA (1 MARK EACH)	NO. OF QUESTIONS - SA (2 MARKS EACH)	NO. OF QUESTIONS - LA (4 MARKS EACH)	TOTAL NUMBER OF QUESTIONS
4	Basic First Aid and Emergency Medical Relief	2	2	1	5
5	Human Body: structure, Functions and Nutrition	3	2	1	5
6	Public Relations	1	2	1	5
	TOTAL QUESTIONS	06	06	03	15
NO. OF QUESTIONS TO BE ANSWERED		04	04	02	10
TOTAL MARKS		4 x 1= 04 Marks	4 x 2 = 08 Marks	2 x 4 = 08 Marks	20 Marks
TOTAL MARKS		20+5 = 25 MARKS			

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HEALTH CARE (SUBJECT CODE 413)

CLASS X (SESSION 2021-2022) SAMPLE QUESTION PAPER FOR TERM - II

Max. Time Allowed: 1 Hour (60 min)

General Instructions:

- 1. Please read the instructions carefully
- 2. This Question Paper is divided into 03 sections, viz., Section A, Section B and Section C.
- 3. Section A is of 05 marks and has 06 questions on Employability Skills.
 - a) Questions numbers 1 to 4 are one mark questions. Attempt any three questions.
 - b) Questions numbers 5 and 6 are two marks questions. Attempt any one question.
- 4. Section B is of 12 marks and has 12 questions on Subject Specific Skills.
 - a) Questions numbers 7 to 12 are one mark questions. Attempt any four questions.
 - b) Questions numbers 13 to 18 are two marks questions. Attempt any four questions.
- 5. Section C is of 08 marks and has 03 competency-based questions.
 - a) Questions numbers 19 to 21 are fourmarks questions. Attempt any two questions.
- 6. Do as per the instructions given in the respective sections.
- 7. Marks allotted are mentioned against each section/question.

SECTION A

(3 + 2 = 5 marks)

Answer	any 3 questions out of the given 4 questions. Each question is of 1 mark.	1 x 3 = 3
Q.1	A doctor who works for a hospital is a <u>A</u> person. If the same doctor has his own clinic, he or she is a <u>B</u> person. Identify A and B.	1
Q.2	The first step towards entrepreneurship is discovery of a business idea. An entrepreneur comes up with a business idea and thinks about ways to implement it. It is about seeking opportunities for a specific type of business and finding ways to commercialize on it. What kind of promotional function is this?	1
Q.3	Everyone in the world today is talking about the measures to curb these rising problems. There are World Summits being organised to find a solution to these global problems. And the solution to these problems is only one. What is this?	1
Q.4	To create a sustainable environment, we must first to use products that may harm the environment. Identify the process of 4R's, which is applicable here.	1
Answer any 1 question out of the given 2 questions. Each question is of 2 marks.		
Q.5	If you want to be Entrepreneur in future, then what qualities should you possess among yourself to be successful?	2
Q.6	How can we protect life below water and on land?	2

SECTION B

(4+8 = 12 marks)

Answer	any 04 questions out of the given 06 questions	1 x 4=4
Q.7	Ashok ji is 69-year-old, and he is suffering from terrible headache and mild chest pain also. He has visited doctor. Which medicine can be prescribed by the doctor through which he can get some relief from pain?	1

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Max. Marks: 25

Q.8	Ajay is the patient of high blood pressure. When he visits doctor, he usually use one instrument to measure the blood pressure of Ajay. Name the Instrument.	1
Q.9	While performing the exercise, the athlete pulls a structure towards the midline of the body. What type of motion is this?	1
Q.10	Name the process through which our body can eliminate the waste products into surrounding tissue by the blood for elimination via organs.	1
Q.11	This vitamin is very useful in pregnancy. Doctor is usually giving the supplement of this vitamin to pregnant women to resist the birth defects. Which vitamin is this?	1
Q.12	To diagnose the disease of brain and spinal cord, sometimes the doctor can advise the patient to go for CT scan. What does it mean?	1
	r any 04 questions out of the given 06 questions	2 x 4=8
	 r any 04 questions out of the given 06 questions Hema is playing with her friends on the ground of school. Suddenly she falls and her friends take her to the sick room of school. School nurse has given the basic first aid to 	2 x 4=8 2
Answe	r any 04 questions out of the given 06 questions Hema is playing with her friends on the ground of school. Suddenly she falls and her	
Answe Q.13	 r any 04 questions out of the given 06 questions Hema is playing with her friends on the ground of school. Suddenly she falls and her friends take her to the sick room of school. School nurse has given the basic first aid to her. What rules does she follow while providing the first aid to Hema? While going through the road, suddenly your friend has got dog bite. You have to 	2
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SECTION C(2x 4 = 8 marks) (COMPETENCY BASED QUESTIONS)

Answe	r any 02 questions out of the given 03 questions	
Q.19	 A Victim may meet with an accident and sustain the injury. This injury may lead to bleeding. A cut on the skin can lead to severe external bleeding. It involves loss of large amount of blood. Severe bleeding may occur in case of accidents, blow to the head, or due to certain illnesses like haemophilia etc. Some bleedings are obvious from outside as blood can be seen coming out from the injured body part. This type of bleedings is termed as External bleeding. At times, some of the body parts get injured but bleeding may not be observed from outside. Such bleeding occurs inside the body like abdomen. This is termed as Internal Bleeding. (a) What is External Bleeding? (b) How can you deal with external bleeding while providing first aid? (c) If the victim complains about pain in chest and abdomen then what kind of situation can it be? (d) If the victim gets unconscious, what should you do as a first aider? 	4

Q.20	Mohit is the student of Class X Health care. He is studying about the above system of human body. His teacher explains all parts of this system and the functions of all parts of this system also. After the class is over, his teacher asks him some questions about this system and he answers in well manner. You assume that you are in the place of Mohit and answer the following questions. (a) Identify the body system and what is the basic function of this system? (b) Identify the Parts A, B, C and D. (c) Name the organs that are present in the upper part of this system.	4
Q.21	 (d) Name the organs that are present in the lower part of this system. The Reception is located near the entrance of the hospital. The receptionist at the reception centre handle all visitor's enquires, direct visitors to the Public Relations Officer and coordinates with other hospitals. A sufficient number of reception staff/ receptionist should be there for assisting the patient and relatives. The hospital reception functions 24 x 7. If it is not functioning during the night, an alternative arrangement is made to provide services to the clients. The size of the reception area and facilities depend on the size of the hospital and number of visitors and patients. (a) Write down the full form of PRO. (b) Enumerate four basic qualities of a Receptionist. (c) What role and function is played by Receptionist? (d) Enumerate four physical set up of Reception Counter. 	4