

# CBSE | DEPARTMENT OF SKILL EDUCATION

## CURRICULUM FOR SESSION 2020-2021

### BEAUTY AND WELLNESS (SUBJECT CODE-807)

JOB ROLE: BEAUTY THERAPIST

### RATIONALIZED CURRICULUM FOR CLASS XII SESSION 2020-2021

Total Marks: 100 (Theory-60 + Practical-40)

	UNITS	NO. OF HOURS for Theory and Practical		MAX. MARKS for Theory and Practical
		Theory	Practical	Marks
<b>Part A</b>	<b>Employability Skills</b>			
	Unit 1: Communication Skills- IV	10		10
	Unit 2: Self-management Skills- IV	10		
	Unit 3: ICT Skills- IV	10		
	Unit 4: Entrepreneurial Skills- IV	15		
	Unit 5: Green Skills- IV	05		
	<b>Total</b>	<b>50</b>		<b>10</b>
<b>Part B</b>	<b>Subject Specific Skills</b>	<b>Theory</b>	<b>Practical</b>	<b>Marks</b>
	Unit 1: Make Up Services	20	55	50
	Unit 2: Facial Beauty Services	20	60	
	Unit 3: Salon Reception Duties	06	14	
	Unit 4: Create a positive impression at workplace	06	14	
	<b>Total</b>	<b>52</b>	<b>143</b>	<b>50</b>
<b>Part C</b>	<b>Practical Work</b>			
	Practical Examination			15
	Written Test			10
	Viva Voce			10
	<b>Total</b>			<b>35</b>
<b>Part D</b>	Project Work/ Field Visit			
	Practical File/Student Portfolio	15		05
	<b>Total</b>	<b>15</b>		<b>05</b>
<b>GRAND TOTAL</b>		<b>260</b>		<b>100</b>

## DETAILED CURRICULUM/ TOPICS FOR CLASS XII

### Part-A: EMPLOYABILITY SKILLS

S. No.	Units	Duration (in Hours)
1.	Unit 1: Communication Skills- IV	10
2.	Unit 2: Self-management Skills- IV	10
3.	Unit 3: Information and Communication Technology Skills- IV	10
4.	Unit 4: Entrepreneurial Skills- IV	15
5.	Unit 5: Green Skills- IV	05
<b>TOTAL DURATION</b>		<b>50</b>

**NOTE:** For Detailed Curriculum/ Topics to be covered under Part A: Employability Skills can be downloaded from CBSE website.

### Part-B: SUBJECT SPECIFIC SKILLS

- Unit 1: Make Up Services
- Unit 2: Facial Beauty Services
- Unit 3: Salon Reception Duties
- Unit 4: Create a positive impression at work place

### DETAILED CURRICULUM:

#### UNIT 1 – MAKE UP SERVICES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Perform Make Up Services</b>	<ol style="list-style-type: none"> <li>1. Basic skin types and skin tones. (Oily, dry, normal and combination; Skin tone: Fair, dark, pink, yellow, pale)</li> <li>2. Select and apply the correct make-up products to enhance facial features, to suit the client's needs and achieve the desired effect</li> <li>3. Various Make-up products: Foundation, powder, blusher, mascara, eye shadows, eye liner, eyebrow pencil, lip liner and lip stick/gloss, etc</li> <li>4. Colour wheel and how to use it for selecting right makeup products</li> <li>5. Importance of Highlighting and contouring with respect to make up</li> <li>6. Basic bindi designs</li> <li>7. <b>Different draping technique use*</b></li> <li>8. Various make-up removal products and procedures</li> </ol>	<ol style="list-style-type: none"> <li>1. Identify basic skin types and skin tone correctly.</li> <li>2. Select and apply the correct make-up products to enhance facial features, suit client's needs and achieve the desired effect keeping in mind the hue, tints &amp; other colour coordinates</li> <li>3. Demonstration of different makeups: Day, Party, Evening Bridal Makeup</li> <li>4. Application of bindi design</li> <li>5. Demonstration of draping costumes on customer using correct techniques and without discomfort to the customer</li> <li>6. Using make-up removers, cleansers and toners to remove make-up</li> </ol>

**(\*NOTE: To be assessed in Practicals only. No question shall be asked from this portion in Theory Exams)**

## UNIT 2 – FACIAL BEAUTY SERVICES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	Operate and apply electrical/ electronic equipment for facial beauty services safely and effectively	<ol style="list-style-type: none"> <li>1. Electrical/electronic machine equipment for beauty services -Brush Machine/Brush Unit ,Facial Steamer (Vapour Zone), High frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro current, Electro-muscle Stimulator, <b>Lymphatic Drainage*</b> Equipment, Microdermabrasion , Ultra-sonic</li> <li>2. Contraindications &amp; contractions for use of different machines.</li> <li>3. Using the equipment for facial beauty</li> </ol>	<ol style="list-style-type: none"> <li>1. Identify various electrical/electronic machine equipment for beauty services correctly -Brush Machine/Brush Unit, Facial Steamer ( Vapour Zone), High frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro current, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Microdermabrasion, Ultra-sonic</li> <li>2. Select and prepare suitable skin care products to meet the client's needs in line with the client service plan</li> <li>3. Select the correct machine and accessories as per the service plan</li> <li>4. Operate the equipment as per manufacturer's instructions in line with service procedure requirements</li> <li>5. Identify contra-indications and respective necessary actions</li> <li>6. Demonstrate specific after-procedure, homecare advice and recommendations for product use and further treatments to the client</li> </ol>

(\*NOTE: To be assessed in Practicals only. No question shall be asked from this portion in Theory Exams)

### UNIT 3 – SALON RECEPTION DUTIES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Performs a lon reception duties</b>	<ol style="list-style-type: none"> <li>1. Importance of customer satisfaction for business and professional success</li> <li>2. Information required for booking an appointment and the purpose of each item of information</li> <li>3. Features and operational procedures of computerized booking systems</li> <li>4. Importance of managing customers during waiting periods and possible ways to do that</li> <li>5. Customer service principles including privacy and protection to modesty of the customers</li> <li>6. Data protection, its importance, application and relevant practices</li> </ol>	<ol style="list-style-type: none"> <li>1. List types of products and services offered by the salon and their costs</li> <li>2. Enlist time taken for various services and procedures offered by the salon</li> <li>3. Role play to demonstrate different client handling situation.</li> </ol>

### UNIT 4 – CREATE A POSITIVE IMPRESSION AT WORKPLACE

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Create Positive impression at work place (Client care and communication in beauty industry)</b>	<ol style="list-style-type: none"> <li>1. Effective consultation techniques to identify treatment objectives</li> <li>2. Effective communication techniques when dealing with clients</li> <li>3. Professional etiquettes</li> </ol>	<ol style="list-style-type: none"> <li>1. Role plays to demonstrate right consultation &amp; communication techniques with clients.</li> <li>2. Demonstrate client handling methods citing situational examples</li> </ol>