

CBSE – DEPARTMENT OF SKILL EDUCATION

Health Care (SUBJECT CODE 413)

Sample Question Paper

Class X (Session 2019–2020)

Time: 2 Hours

Max. Marks: 50

General Instructions:

1. *This Question Paper consists of two parts viz. Part A: Employability Skills and Part B: Subject Skills.*
2. **Part A: Employability Skills (10 Marks)**
 - i. *Answer any 4 questions out of the given 6 questions of 1 mark each.*
 - ii. *Answer any 3 questions out of the given 5 questions of 2 marks each.*
3. **Part B: Subject Skills (40 Marks):**
 - i. *Answer any 10 questions out of the given 12 questions of 1 mark each.*
 - ii. *Answer any 4 questions from the given 6 questions of 2 marks each.*
 - iii. *Answer any 4 questions from the given 6 questions of 3 marks each.*
 - iv. *Answer any 2 questions from the given 4 questions of 5 marks each.*
4. ***This question paper contains 39 questions out of which 27 questions are to be answered.***
5. *All questions of a particular part/section must be attempted in the correct order.*
6. *The maximum time allowed is 2 hrs.*

PART A: EMPLOYABILITY SKILLS (10 MARKS)

Answer any 4 questions out of the given 6 questions of 1 mark each:

1.	_____ are a group of words that work together to communicate an element of speech.	(1)
2.	_____ is a practice where an individual is supposed to focus his/her mind on a particular object, thought or activity to achieve a calm mental state reducing stress.	(1)
3.	_____ is a school of Hindu philosophy reduces stress, which includes a series of postures and breathing exercises practiced to achieve control of body and mind.	(1)
4.	You can also press _____ on the keyboard to create a new document	(1)
5.	An _____ is a person who tries to meet needs of a customer through new ideas or ways of doing business and makes profit in return.	(1)
6.	_____ refers to that part of environment where life exists.	(1)

Answer any 3 questions out of the given 5 questions of 2 marks each:

7.	Enumerate the principles that must be followed for effective communications.	(2)
8.	Enumerate the basic importance of stress management skill.	(2)
9.	How can you save a document in computer?	(2)
10.	Enlist some values which make an entrepreneur successful.	(2)
11.	Enumerate natural resources.	(2)

PART B: SUBJECT SKILLS (40 MARKS)

Answer any 10 questions out of the given 12 questions:

12.	Write Down the full form of OPD.	(1)
13.	Which Laboratory is responsible to perform blood Test?	(1)
14.	Name the condition of the patient where blood pressure increases?	(1)
15.	Which diet is needed when there is intolerance of food and roughage?	(1)
16.	Name one healthy microbe that can be seen in small intestine.	(1)
17.	Which method is used to prevent infection by inhibiting growth of bacteria in wounds?	(1)
18.	Which kinds of hazards are caused by repetitive movements or improper setup of workstation?	(1)
19.	Oral rehydration salt (ORS) is used in which kind of physical condition?	(1)
20.	What do you mean by cytology?	(1)
21.	Write down the chemical name of vitamin C.	(1)
22.	Name the first point of hospital to contact patients, doctors or staff members.	(1)
23.	Write the full form of EMS.	(1)

Answer any 4 questions out of the given 6 questions of 2 marks each:

24.	Enumerate four basic qualities of GDA.	(2)
25.	Why the knowledge of bed making is important for patient in hospital?	(2)
26.	Write down the differences between antiseptics and disinfectants.	(2)
27.	Write down the role of a first aider in basic and emergency situation.	(2)
28.	Explain general motion on the basis of elevation and depression.	(2)
29.	Write down the roles of medical receptionist in hospital.	(2)

Answer any 4 questions out of the given 6 questions of 3 marks each:

30.	Enumerate three non-government hospitals.	(3)
31.	Why is it important to change a patient's position on bed?	(3)
32.	Write down the role of senior nursing administrator in controlling HAI.	(3)
33.	Enumerate three basic rules of first aid.	(3)
34.	Write down the use of calcium in our body. What will happen if the amount of calcium will be less or more than normal level?	(3)
35.	As a staff of health care service how should you respond to patient?	(3)

Answer any 2 questions out of the given 4 questions of 5 marks each:

36.	Enumerate five main roles of GDA in health care services.	(5)
37.	How can you characterize a care plan?	(5)
38.	As a first aider how can you manage a patient with minor and severe burn.	(5)
39.	Write down the structure and functions of nervous system.	(5)