



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/AD(MS)/2026

Date: 09.10.2026

Circular No: Acad-66/2026

All the Heads of Schools affiliated to CBSE

Subject: Fit India Freedom Run (2026) Campaign – reg.

Dear Principal

The Fit India Freedom Run, an initiative launched in 2020 under the Fit India Movement, was designed to promote health and fitness across the country by encouraging citizens to adopt physical activity as a part of their daily lives. The concept of "Run Anywhere, Anytime" has been at the core of this campaign, enabling people to participate at a place and time of their convenience and making it one of the largest community fitness movements in the country.

The 7th edition of Fit India Freedom Run (2026) is being organized till 31st October 2026 across the country. This year's campaign will continue to promote the message of "Fitness Ki Dose, Aadha Ghanta Roz" by encouraging citizens to dedicate at least 30 minutes every day to physical activity. The campaign, promoting the objectives of Fitness and Cleanliness, will culminate on 31st October 2026 with a Unity Run to commemorate the birth anniversary of Sardar Vallabhbhai Patel.

In view of above, all the schools may organize following suggestive activities, as per feasibility:

1. Organize Fit India Freedom Run events throughout the campaign period and register the events on the Fit India Portal with details of participants and kms covered. The registration link is <https://fitindia.gov.in/fifr-2026>
2. Promote the campaign among all stakeholders to ensure greater awareness and participation.

The details of the campaign are available at <https://fitindia.gov.in/fifr-7>

With best wishes!

Dr. Praggya M Singh
Professor and Director (Academics)

Copy to the respective Heads of Directorates, Organizations and Institutions with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklaya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001



सी.बी.एस.ई. एकीकृत कार्यालय परिसर, सेक्टर-23, फेज 1, द्वारका, नई दिल्ली -110077
CBSE Integrated Office Complex, Sector-23, Phase 1, Dwarka, New Delhi -110077





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5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odhisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Jharkhand Education Project Council, Ranchi, Jharkhand
14. The Director, Sambhota Tibetan Schools Society (STSS), Central Tibetan Administration (CTA), Dharamshala, HP
15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. The Director, Navy Education Society, Directorate of Naval Education, Naval Headquarters, Ministry of Defence, West Block-V, RK Puram, Delhi – 110066
18. JS to Chairperson, CBSE
19. Secretary/ Controller of Examinations/ All Directors, CBSE
20. All Professor & Directors, CBSE
21. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
22. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
23. All Associate Professor & Additional Directors, Assistant Professor & Joint Directors, Assistant Professor & Deputy Directors, Assistant Professor & Assistant Directors, CBSE
24. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
25. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
26. In-Charge, Library
27. Record File

Sd/-
Professor and Director (Academics)



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