



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/DS(MS)/2025

Date: 22.08.2025

Circular No: Acad-61/2025

All the Heads of Schools affiliated to CBSE

Subject: Celebration of National Sports Day 2025 – reg.

Dear Principal

As you would be aware, the National Sports Day (NSD) is celebrated annually on 29th August to honour the birth anniversary of Major Dhyan Chand, the legendary hockey player. This day celebrates India's rich sporting legacy and the achievements of our athletes who have made the nation proud on global platforms. It also marks the day when the Fit India Movement was launched by the Hon'ble Prime Minister in 2019, igniting a mass movement for health and fitness across the country. This year the National Sports Day is India's tribute to the Olympic Spirit and the core values of Excellence, Friendship, and Respect.

In this regard, the Ministry of Youth Affairs and Sports, Govt of India is celebrating NSD 2025 with a vibrant series of nationwide sporting and fitness activities from 29th to 31st August 2025. This year's theme reflects our shared commitment to building a healthier, fitter and active India through the power of sports.

In view of above, the schools are requested to organize sporting and fitness activities during 29th to 31st August, 2025 as follows:

- Conduct fun and competitive games during this period
- Undertake promotional activities ahead of NSD to drive participation
- Invite former champion athletes to motivate students and local communities
- Conclude the NSD celebrations with a special "Sundays on Cycle" event on 31st August 2025, engaging schools in community cycling to promote fitness, pollution-free environment, and fight obesity

A suggestive toolkit and detailed SOP for reference is available at the following link: https://drive.google.com/drive/folders/1c7yLP6ONGGIhYRIMlyQGeMKnkCuu4udC?usp=share_link

Fit India Pledge: All students and staff of school may take Fit India Pledge on Sports Day. The link for Fit India Pledge is: <https://fitindia.gov.in/fit-india-pledge-2025>

Register Your School: The schools may register themselves at the link: <https://fitindia.gov.in/national-sports-day-2025> after clicking on 'Register', select the option 'Other' and then select option 'School' from drop down menu.

All the participating schools are requested to submit a brief report of the event celebrations, along with photos and videos, through the Fit India Portal (<https://fitindia.gov.in/national-sports-day-2025>).

With best wishes!

Himanshu Gupta, IAS
Secretary



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Copy to the respective Heads of Directorates, Organizations and Institutions with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklaya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim -737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar -791 111
10. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh - 521 456
13. The Director, Jharkhand Education Project Council, Ranchi, Jharkhand
14. The Director, Sambhota Tibetan Schools Society (STSS), Central Tibetan Administration (CTA), Dharamshala, HP
15. The Additional Director General of Army Education, A -Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. The Director, Navy Education Society, Directorate of Naval Education, Naval Headquarters, Ministry of Defence, West Block-V, RK Puram, Delhi - 110066
18. DS to Chairperson, CBSE
19. Secretary/ Controller of Examinations/ All Directors, CBSE
20. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
21. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
22. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
23. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
24. In-Charge, Library
25. Record File

Secretary, CBSE



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