



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

**CENTRAL BOARD OF SECONDARY EDUCATION**

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



**CBSE/ACAD/JS(PD)/2025**

**Date: 10<sup>th</sup> July 2025**

**Circular No: Acad-44/2025**

**All the Heads of Schools Affiliated to CBSE**

**Subject: 1<sup>st</sup> CBSE EXPRESSION SERIES for the Academic Session 2025-26**

The 1<sup>st</sup> Expression Series for the academic session 2025-26 will be organized by CBSE on the theme **Competency Focused Education**. The topics for each category are given as under:

Class Category	Mode of Expression	Topic (English)	Topic (Hindi)
Preparatory stage (Class 3 to 5)	Paragraph (150 words)	<ul style="list-style-type: none"> <li>My Superpower: skill that helps me shine.</li> <li>How I solve my problems</li> </ul>	<ul style="list-style-type: none"> <li>मेरी सुपर पावर: वह कौशल जो मुझे सबसे अलग बनाता है</li> <li>मैं अपनी समस्याओं को कैसे हल करता/करती हूँ</li> </ul>
Middle stage (Class 6 to 8)	Essay (400 words) / Poem	<ul style="list-style-type: none"> <li>My learning adventure: Everyday something new.</li> <li>How competency based learning helps me handle real life situations.</li> </ul>	<ul style="list-style-type: none"> <li>मेरी सीखने की रोमांचक यात्रा : हर दिन कुछ नया</li> <li>योग्यता आधारित शिक्षा मुझे वास्तविक परिस्थितियों से निपटने में कैसे मदद करती है</li> </ul>
Secondary Stage Phase 1 (Class 9 to 10)	Essay (700 words) / Poem	<ul style="list-style-type: none"> <li>Empowering Growth Through Competency-Oriented Learning.</li> <li>Competency means more than marks.</li> </ul>	<ul style="list-style-type: none"> <li>योग्यता-केंद्रित शिक्षण से विकास की सशक्त दिशा</li> <li>योग्यता का अर्थ सिर्फ अंकों से कहीं अधिक है!</li> </ul>
Secondary Stage Phase 2 (Class 11 to 12)	Essay (1000 words) / Poem	<ul style="list-style-type: none"> <li>The competencies I want to carry into my professional life</li> <li>Beyond Exams : How competencies shape careers.</li> </ul>	<ul style="list-style-type: none"> <li>मेरे कैरियर का आधार बनने वाली योग्यताएँ</li> <li>परीक्षाओं से परे : कैरियर को आकार देती योग्यताएँ</li> </ul>

**Conduct of Expression Series:**

**A. Conduct at the School Level:**

- Schools shall organize the school-level Expression Series during school hours on the above topics from **14 July 2025 to 28 July 2025**. Information about the Expression Series should be disseminated to all students.
- For participation in Expression Series activities, i.e. Essays/ Paragraphs/



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- Poems, etc., students must use the format given in **Annexure I**.
- Paragraphs / Essays may be written in Hindi or English.
  - Schools shall complete the evaluation of entries and shortlist one entry per class category (a total of 04 entries per school) for onward submission to CBSE.
  - Each shortlisted entry must be accompanied by a certificate from the Head of the Institution/Teacher In-charge, certifying the originality of the work.

## B. Submission of the Shortlisted Entry by the Schools to CBSE:

- Schools shall submit/upload entries from **28 July 2025 to 04 August 2025** using an Android phone through the **CBSE Expression Series App** available at the Google Play store. (For submission guidelines, refer to **Annexure II**.)
- Each participant will receive an online certificate of participation after the successful submission of entry on the CBSE Expression Series App.
- The 10 best entries in each category will be selected by each CBSE Region for selection of winners at the National Level.
- The three best entries will be selected at the National Level.
- 10 best entries (in each category) at the Regional Level and 03 best entries at the National Level will receive online certificate of merit from the Board.

The decision of the evaluation committee shall be final and no correspondence will be entertained in this regard.

In case of any query, kindly contact us at 011-24050618 during office hours or e-mail at [cbseexpressionseries2526@gmail.com](mailto:cbseexpressionseries2526@gmail.com).

With best wishes!

**Dr. Praggya M Singh**  
Director (Academics)



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**Copy to the respective Heads of Directorates, Organizations and Institutions with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3<sup>rd</sup> Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Jharkhand Education Project Council, Ranchi, Jharkhand
14. The Director, Sambhota Tibetan Schools Society (STSS), Central Tibetan Administration (CTA), Dharamshala, HP
15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. The Director, Navy Education Society, Directorate of Naval Education, Naval Headquarters, Ministry of Defence, West Block-V, RK Puram, Delhi – 110066
18. DS to Chairperson, CBSE
19. Secretary/ Controller of Examinations/ All Directors, CBSE
20. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
21. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
22. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
23. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
24. In-Charge, Library
25. Record File

**Director (Academics)**



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## ANNEXURE –I

### CBSE Expression Series Submission Form

**Fill all details. All fields are mandatory:**

Name of Participant: \_\_\_\_\_ Class: \_\_\_\_\_ Gender: M/F/Other

Differently Abled: Yes/No (tick one)

Name of the School with complete address:

Name of City/Village: \_\_\_\_\_ State: \_\_\_\_\_

Contact Number of participant/parent (whichever is applicable): \_\_\_\_\_ Contact No. of

School \_\_\_\_\_ Email address of participant /parent (whichever is applicable):

\_\_\_\_\_

**Write Here:**

(Please attach additional sheets, if required. But all sheets must have the details as above, failing which the sheet will not be evaluated)



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## ANNEXURE –II

### Guidelines for Entry Submission by School

Please make sure you have the latest version of the CBSE Expression Series App. To ensure the same go to the Google Play Store and search for CBSE Expression Series app. If you have getting update option, then please update the CBSE Expression Series app first before uploading.

### Expression Series Android App Usage Details: -

**Requirement:** Android smart phone having operating system version 5.0 and above with internet connectivity.

1. CBSE Expression Series app may be downloaded and installed from Google Play Store. At the time of installation, please ensure that you “Accept” the permissions asked by app.
2. Tap on the “CBSE Expression Series” icon to launch the App and follow the steps given below:

	<p><b><u>Step-1</u></b></p> <p>Enter Affiliation No. and LOC/Registration Password as Password and then tap on “SUBMIT” button.</p>
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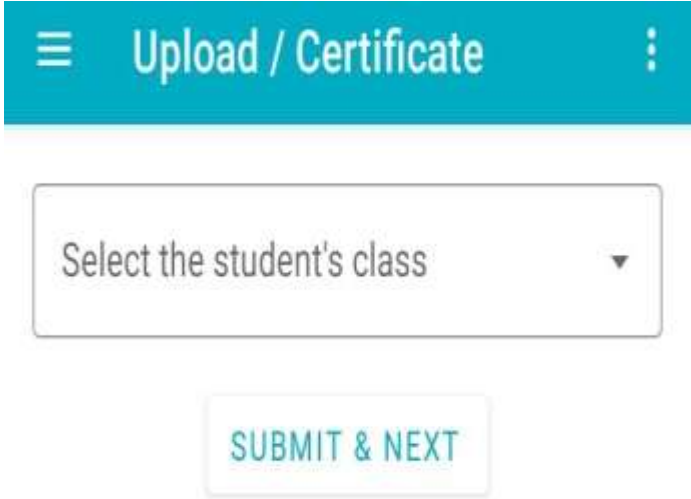
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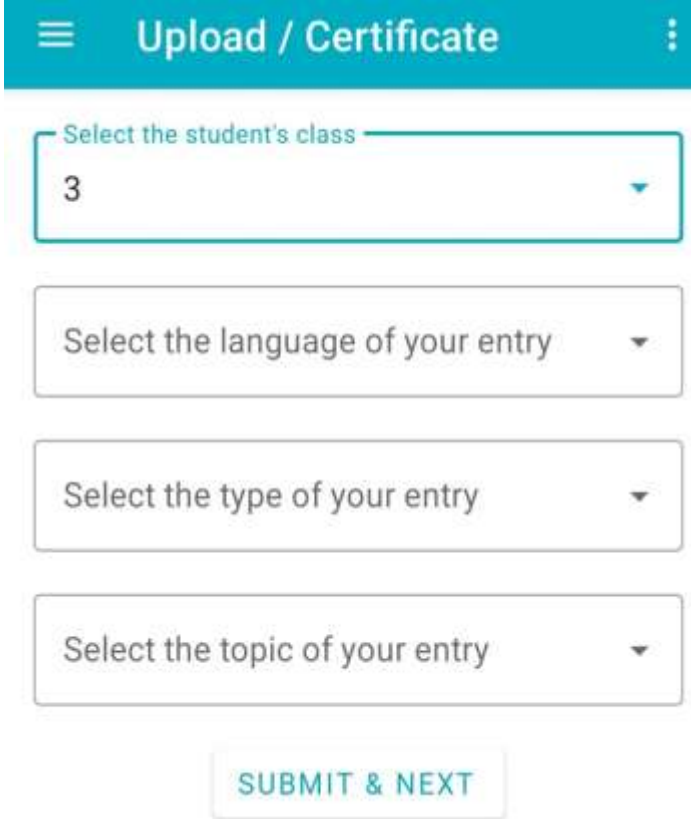
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	<p><b>Step-2</b></p> <p>Select the class of the student.</p>
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	<p><b>Step-3</b></p> <p>After selecting the class of the student, fill the rest of the details:</p> <ul style="list-style-type: none"><li>• Select the language of your entry</li><li>• Select the type of your entry i.e. Paragraph, Essay or Poem.</li><li>• Select the Topic of your entry</li><li>• Then click on “Submit &amp; Next” button</li></ul>
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Enter Student Detail

You can select maximum 4 images

SUBMIT & PREVIEW

## Step-4

**Follow the steps given below after successful authentication**

- Enter the Name of Candidate.
- Enter mobile number.
- Enter E-Mail ID.
- Enter the Roll Number generated at the school level.
- Student can upload maximum four photos/images of their entries.
- Click on “Submit & Preview” to preview your filled form. Please ensure that the sheet contain all required details as given in annexure I.
- Click on “Final Submit” button and now certificate will be generated.



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Certificate can also be viewed after clicking on “View Certificate” option.

<div> <b>View Certificate</b> </div> <div><input type="text" value="Enter the mobile number of student"/></div> <div><input type="text" value="Enter the Roll Number of student"/></div> <div><b>FIND CERTIFICATE</b></div>	<p><b><u>View Certificate:</u></b></p> <p>For Viewing the online generated certificate, kindly enter the mobile number &amp; roll no. and click on “Find Certificate”.</p>
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