



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

**CENTRAL BOARD OF SECONDARY EDUCATION**

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/Academics/JS (Dr.SG)/2024

Date: 21.03.2024

Circular No. Acad-28/2024

All the Heads/Principals of the Schools affiliated to CBSE

**Subject: Mission Life Style For Environment (LiFE)-reg.**

Dear Principal

LiFE was introduced by the Honorable Prime Minister at COP26 in Glasgow on 1<sup>st</sup> November 2021 as a mass movement for “*mindful and deliberate utilization, instead of mindless and destructive consumption*” and to protect and preserve the environment. It aims to nudge individuals and communities to practice a lifestyle that is synchronous with nature and does not harm it.

Mission LiFE is an India-led global mass movement to prod individual and community action to protect and preserve the environment. It aims to mobilize a large number of people to actively take part in the campaign and encourages individuals to adopt lifestyles that are beneficial for both personal well-being and the environment. It creates awareness about the importance of conservation, moderation and sustainable practices.

In view of the above, to promote Mission LiFE and create awareness about environment concerns amongst the stakeholders following activities are suggested for schools:

1. Schools can participate and organize the activities for the students as per the Calendar of Activities at Annexure – I. Schools are requested to submit a brief report about the activities (through the portal that shall be shared shortly with all) at end of the academic year.
2. The Board has launched a handbook for schools titled “Mission Shunya for Environment” which is available at CBSE Academic Website. This handbook provides guidelines to the schools to attain Zero Carbon Footprint through conservation in 5 major areas viz Energy, Biodiversity, Water, Waste and Transport.

In this regard, the Board will be organizing a series of webinars for the Heads/teachers of the CBSE-affiliated schools on the conduct of 05 types of Audits with the help of the “Mission Shunya for Environment” Handbook. There will be no fee for attending these workshops. The details will be shared later.

For any query, you may contact at [missionlife@cbseshiksha.in](mailto:missionlife@cbseshiksha.in)

With Best Wishes.

(Dr. Joseph Emmanuel)  
Director (Academics)



‘शिक्षा सदन’, 17 राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002

‘Shiksha Sadan’, 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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**Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001.
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005.
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of Education, S.I.E., CBSE Cell, VIP Road, Junglee Ghat, P.O. 744103, A&N Island
12. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector - 3, Rohini, Delhi
13. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
14. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRS Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
15. DS to Chairperson, CBSE
16. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
17. Secretary/Controller of Examinations/All Directors, CBSE
18. All Joint Secretary/ Deputy Secretary/ Assistant Secretary/PPS / Analyst, CBSE
19. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
20. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
21. In-Charge, Library
22. The Head (Media & Public Relations), CBSE
23. Record File

**Director (Academics)**



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## Annexure I: Calendar of Activities

**Time period:** March 2024 – October 2024

**Mode:** Online and Offline

### Suggestive Activities:

S. No.	Category	Time/ Dates	Remarks
1.	Celebration of International Day of Forest	21 <sup>st</sup> March	Schools to organize activities related to the conservation and protection of Forests. These may be- poster/ painting contests, rallies, seminars, workshops or expert talks.
2.	Celebration of World Water Day	22 <sup>nd</sup> March	
3.	Celebration of Earth Day	22 <sup>nd</sup> April	Schools to organize activities to reduce carbon footprints. These may be- the adoption of good practices, advocacy and awareness-related activities.
4.	Celebration of International Day for Biodiversity	22 <sup>nd</sup> May	Schools to organize activities related to biodiversity in the ecosystem. It may include exploratory visits to gardens, nature/ eco parks, etc. or discussions on pro-active steps that may be taken at individual levels for preserving biodiversity with invited experts.
5.	Celebration of World Environment Day	5 <sup>th</sup> June	Schools to organize activities related to conservation and protection of the environment. These may be- school-level quiz/ poster/ painting contests, Workshops or expert talks.
6.	Celebration of International Day for the Conservation of the Mangrove Ecosystem	26 <sup>th</sup> July	Schools to organize activities related to the conservation of Mangroves. It may include exploratory discussions on the Mangrove ecosystem, screening of films on the subject or expert talks.



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7.	World Nature Conservation Day	28 <sup>th</sup> July	Schools to organize activities related to the importance of Conservation of Nature. It may include Storytelling competition with the Theme of Nature, Nature Trail, Planning Trees, Art and craft with the use of natural materials like leaves, flowers, pebbles etc.
8.	International Day for Natural Disaster Reduction	13 <sup>th</sup> October	Schools to organize events like walkathons, literary competitions for students like Drawing and Quiz, Mock Drills, drama based on Disaster Management etc. to create awareness amongst the students about the natural disasters and various ways to manage the crisis.
9.	International E-Waste Day	14 <sup>th</sup> October	Schools organize activities to sensitize students about the impacts of e-waste and the necessary actions to enhance circularity for e-products

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