



केन्द्रीय माध्यमिक शिक्षा बोर्ड
CENTRAL BOARD OF SECONDARY EDUCATION

CBSE/TRNGS/SAI/2018-19

Date: 09.01.2019

Circular No. 01/2019

The Heads of all the schools affiliated with CBSE

Subject: Training programmes by CBSE and Sports Authority of India (SAI) for Khelo India National Fitness Assessment Programme at zonal/district level.

Sir/ Madam

Sports is an extremely important component for the overall development of our nation. India, in the last few years has made steady progress in the field of sports. This tremendous potential needs to be showcased at a global platform. It's time we inspire young talent, give them top-notch infrastructure and training of the highest level. We need to inculcate a strong spirit of participation in sports that enables players to demonstrate their true potential.

'Khelo India', a National Programme for Development of Sports in India, was introduced in December 2017 by the Ministry of Youth Affairs and Sports, Govt. of India to revive the sports culture in India at the grass-root level by building a strong framework for all sports played in our country and establish India as a great sporting nation.

In this endeavour, CBSE in association with Sports Authority of India conducted National Level Training of Trainers for Khelo India National Fitness Assessment Programme from 19th to 28th December 2018 at Delhi and 209 Master Trainers were trained.

Now, one-day training will be conducted at zonal/district level through the CBSE's Centres of Excellence, which is mandatory for all Physical Education teachers of CBSE affiliated schools. The schedule of these CoE wise one-day training programmes will be available shortly on the Board website. There is no participation fee; however, the participants will have to make their own arrangements for travel & stay (if required).

Therefore, all the schools affiliated with CBSE are directed to register their Physical Education teacher(s) for attending these zonal/district level trainings using the link: <https://goo.gl/forms/UxnH6iVnqcUytpfy1> within 21st January 2019. Further, Physical Education Teachers of all schools are requested to visit the links mentioned in the annexure and go through the various materials & video etc. before attending the training programmes.

For any further query schools may contact CBSE Head/ Incharge CoEs or Ms. Sandhya Rana, GM (M. No. 9818633320) or Ms. Ritu Singh, RM (M. No. 9540217272) from Sports Authority of India (SAI).


Dr. Biswajit Saha

Director (Training and Skill Education)



Some useful links regarding the Training programmes by CBSE and Sports Authority of India (SAI) for Khelo India National Fitness Assessment Programme:

- 1. Fitness assessor app link (Google Play):**
<https://play.google.com/store/apps/details?id=kheloindia.com.assessment>
- 2. School Principal/HM Login:** <http://schoolfitness.kheloindia.gov.in>
- 3. Sign up for the Khelo India Training programme (Registration Form):**
<https://goo.gl/forms/UxnH6iVnqcUytpfy1>
- 4. Feedback of the training programme:**
<https://goo.gl/forms/S6X7zC9n90DrSKdz2>
- 5. Download TOT Presentations:** <https://goo.gl/79cfM7>
- 6. Khelo India Fitness Assessment Administration Manual:**
<https://goo.gl/QK85rH>
- 7. Khelo India Fitness Assessment Test Videos:**
<https://photos.app.goo.gl/vrD7GSFyFH3Ma8iYA>





केन्द्रीय माध्यमिक शिक्षा बोर्ड
CENTRAL BOARD OF SECONDARY EDUCATION

Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
2. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi - 54
3. The Director of Public Instructions (Schools), Union Territory Secretariat, Sec- 9, Chandigarh-160 017
4. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
5. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
6. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
7. Under Secretary (EE-I), MHRD, Govt. of India, Department of SE&L, Shastri Bhawan, New Delhi-01
8. The Director of Education, S.I.E., CBSE Cell, VIP Road, Junglee Ghat, P.O. 744103, A&N Island
9. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sec-3, Rohini
10. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi-01
11. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
12. Deputy Director General, Sports Authority of India, Jawaharlal Nehru Stadium Complex (East Gate) Lodhi Road, New Delhi - 110003
13. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
14. All Heads of COEs of CBSE
15. All Joint Secretaries/ Deputy Secretaries/ Assistant Secretaries, CBSE
16. In charge IT Unit with the request to put this circular on the CBSE Academic website
17. The Sr. Public Relations Officer, CBSE
18. PS to Chairperson, CBSE
19. SPS to Secretary, Controller of Examinations, Director (Information Technology), Director (CTET), Director (Edusat & Research), Director (Skill Education & Training), Director (Professional Exams), CBSE

Director (Skill Education and Training)