



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/DS(RD)/2023

February 28, 2023

Circular No. Acad-31/2023

All Heads of the Schools affiliated with CBSE

Subject: Adolescent Peer Educators Leadership in Life Skills, Health and Wellbeing Programme-Registrations for Third Phase of Training Programmes

Background

The Board Vide Circular No. Acad-80/2021 dated 10th September 2021 has announced to initiate and support the Adolescent Peer Educators Leadership Program for enriching Life Skills, Holistic Health and Wellbeing of its students in collaboration with Expressions India. The Board launched the programme on 23rd November 2021.

Aims of the Programme

- To equip and enable students to play a vital role in creating a participatory climate for behavioural change and adaptation.
- To strengthen the inclusive environment for the psychosocial wellbeing and life skills development of children and adolescents across the country.

Students trained so far

So far 6220 students and 3110 Teacher Mentors have been trained under this programme. Many of the trained students (Peer Educators) and teachers have prepared a plan of action for the successful implementation of Life Skills, Health and Well Being in their schools. The Peer Educators take on the title of Life Skills and Well-Being Ambassadors.

Bringing forward the voice of Adolescent Peer Educators

In order to provide a platform to the schools to facilitate Life Skills, Mental Health, and Holistic Wellness as an integral part of day-to-day education as well as the empowerment of young minds, CBSE Adolescent Leadership Summit on Life Skills, Mental Health, Safety and Well Being was organized from 15th to 17th December 2022 in collaboration with Expressions India – The National Life Skills & School Wellness Program at the National Bal Bhavan, New Delhi. The three-day National Adolescent Summit celebrated the fervor of youth in bringing forward the voice of adolescent peer educators from across the country and gave them the opportunity to interact with one another on an array of topics. About 800 Students and Teachers from 156 schools (government and public schools) from across the country participated in the summit. A brief report of the Summit can be accessed at <https://cbseacademic.nic.in/lifeskills/pdf/Report.pdf>.

Third Phase of Training Programmes

The Board will start the third phase of the training programmes in the month of **April 2023**. The schools are requested to send their nominations as per the following:



‘शिक्षा सदन’, 17 राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली – 110002
‘Shiksha Sadan’, 17, Rouse Avenue, Institutional Area, New Delhi – 110002





केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



- Nominate four senior students (Peer Educators) - two each from class IX and XI to participate in the comprehensive orientation program.
- Also nominate one Teacher and the School Counselor/ Wellness Teacher to support the 4 peer educators.

While nominating the representative Peer Educators Team, please ensure that all the team members have the following:

1. Enthusiasm and commitment for teamwork
2. Good communication skills and empathy for peers
3. Ability to model and lead appropriate behavior for others
4. Zeal for knowledge and sensitivity towards health and wellbeing issues

How to Register

- Schools willing to participate may fill up the online registration form available at the link <https://forms.gle/WV5sSv4wAm8WWJMr6>
- A brief note (400 words) of the online activities being carried out by the school for the promotion of **Life Skills, Holistic Health and Wellbeing** should also be submitted along with the registration form.
- The **last date** for filling the online registration form is **30th March, 2023**. Only online registration forms will be acceptable.

Number of schools per programme

- Around 50 schools shall be enrolled per training programme. The schedule of these programmes shall be accordingly informed to the respective schools. Certificate of Participation (e-certificate) will be awarded to the participating Students and Teachers.

The complete details of the programme are given in Circular No. Acad-80/2021 dated 10th September 2021 and is available at

https://cbseacademic.nic.in/web_material/Circulars/2021/80_Circular_2021.pdf

School Heads are requested to encourage the involvement of students, teachers and counsellors for building a continuous climate of life skills education paradigm in the schools.

For further queries, please mail at peerlifefskills@gmail.com

Dr. Joseph Emmanuel
Director (Academics)



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीट्यूशनल एरिया, नई दिल्ली - 110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi - 110002





केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, VIP Road, Junglighat, Port Blair, Andaman & Nicobar Island 744103,
11. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
12. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
13. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
14. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
15. All Joint Secretary/ Deputy Secretary/ Assistant Secretary/ SPS / Analyst, CBSE
16. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
17. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
18. In-Charge, Library
19. DS to Chairperson, CBSE
20. SPS to Secretary, CBSE
21. SPS to Director (Academics), CBSE
22. SPS to Director (Information Technology), CBSE
23. PPS to Controller of Examinations, CBSE
24. SPS to Director (Skill Education), CBSE
25. PS to Director (Training), CBSE
26. PPS to Director (Professional Examinations), CBSE
27. PPS to Director (CTET), CBSE
28. SPS to Director (EDUSAT), CBSE
29. PA to Director (Media & Public Relations), CBSE
30. Record File

Director (Academics)



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीट्यूशनल एरिया, नई दिल्ली –110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002

