



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(मानव संसाधन विकास मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation under the Ministry of Human Resource Development, Govt. of India)

CBSE/Training/2021

Dated: 29.09.2021

Notification

Training for First Aid and Medical Emergency Care (Physical and Mental Health Support)

Central Board of Secondary Education has been actively engaged in transforming the quality of holistic education and development through its innovative programs for teachers and students. In line with the NEP-2020, the vision of promoting healthy and safe schooling environment is integral to the ethos and responsibility of every school. It is in the involvement of the entire school community and all stakeholders as the essential element in creating a safe school environment. In view of the newer challenges that have emerged during the COVID 19 pandemic, a comprehensive online training program is being organized for school staff nurses and counselors/ wellness teachers.

For this training program the content that has been developed covers a broad range of topics encompassing physical and mental health care emergencies in schools along with necessary protocols to be followed. Basic Life Support with Orientation to CPR (Cardio Pulmonary Resuscitation) Training shall be an integral part of this initiative. The training program is being organized in technical collaboration with Expressions India.

Schools may encourage its school staff nurses and counselor to apply in prescribed application form (Annexure III) within 20th October 2021 to cbsestraining@gmail.com

For any further query please email to: cbsefirstaidprogram@gmail.com or contact on: 9311275888, 9310086792

Biswajit Saha

(Dr. Biswajit Saha)

Director (Skill Education and Training)



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
2. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001.
3. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odhisha-751005.
4. The Commissioner, Kendriya Vidyalaya Sangathan, 18, Institutional Area, Shaheed Jeet Singh Marg, Delhi-110016
5. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida – 201309
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi – 110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh – 160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim – 737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar – 791111
10. The Director of Education, Govt. of Andaman & Nicobar Islands, Port Blair – 744101
11. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
12. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi – 110001
13. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt – 110010
14. DS to Chairman, CBSE - for kind information of the Chairman, CBSE
15. All the Heads of Department of the Board
16. All the Regional Directors/Regional Officers/Head-COEs, CBSE with the request to send this Circular to all the Heads of the affiliated schools of the Board in their respective regions for Compliance
17. Head (Media & Public Relations), CBSE
18. Assistant Secretary (IT), CBSE, Rouse Avenue with the request to upload this notification on the CBSE Academic website
19. In charge, Hindi Cell, CBSE HQ – for Hindi Translation of this notification Director (Skill Education and Training)

Director (Skill Education and Training)



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Appendix-1

The details of the program and a provisional schedule are attached herewith.

Training for First Aid and Medical Emergency Care (Physical and Mental Health Support)		
BATCH 1		
Date/Day	Timings	Timings
1 November/Monday	11am-1pm	2:30 pm-4:30pm
2 November/Tuesday	11am-1pm	2:30 pm-4:30pm
5 November/ Friday	11am-1pm	2:30 pm-4:30pm
BATCH 2		
Date/Day	Timings	Timings
8 November/Monday	11am-1pm	2:30 pm-4:30pm
10 November/ Wednesday	11am-1pm	2:30 pm-4:30pm
12 November/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 3		
Date/Day	Timings	Timings
15 November/ Monday	11am-1pm	2:30 pm-4:30pm
17 November/ Wednesday	11am-1pm	2:30 pm-4:30pm
19 November/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 4		
Date/Day	Timings	Timings
22 November/Monday	11am-1pm	2:30 pm-4:30pm
24 November/ Wednesday	11am-1pm	2:30 pm-4:30pm
26 November/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 5		
Date/Day	Timings	Timings
29 November/Monday	11am-1pm	2:30 pm-4:30pm
1 December /Wednesday	11am-1pm	2:30 pm-4:30pm
3 December/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 6		
Date/Day	Timings	Timings
6 December/Monday	11am-1pm	2:30 pm-4:30pm
8 December/Wednesday	11am-1pm	2:30 pm-4:30pm
10 December/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 7		
Date/Day	Timings	Timings
13 December/Monday	11am-1pm	2:30 pm-4:30pm
15 December/ Wednesday	11am-1pm	2:30 pm-4:30pm
17 December/Friday	11am-1pm	2:30 pm-4:30pm



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BATCH 8		
Date/Day	Timings	Timings
20 December/Monday	11am-1pm	2:30 pm-4:30pm
22 December/Wednesday	11am-1pm	2:30 pm-4:30pm
24 December/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 9		
Date/Day	Timings	Timings
27 December/Monday	11am-1pm	2:30 pm-4:30pm
29 December/Wednesday	11am-1pm	2:30 pm-4:30pm
31 December/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 10		
Date/Day	Timings	Timings
3 January/Monday	11am-1pm	2:30 pm-4:30pm
5 January/Wednesday	11am-1pm	2:30 pm-4:30pm
7 January/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 11		
Date/Day	Timings	Timings
10 January/Monday	11am-1pm	2:30 pm-4:30pm
12 January/Wednesday	11am-1pm	2:30 pm-4:30pm
14 January/Friday	11am-1pm	2:30 pm-4:30pm
BATCH 12		
Date/Day	Timings	Timings
17 January/Monday	11am-1pm	2:30 pm-4:30pm
19 January/Wednesday	11am-1pm	2:30 pm-4:30pm
21 January/Friday	11am-1pm	2:30 pm-4:30pm



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Appendix- 2

Broad Themes to be covered

- First Aid Response, Basic Emergency Care - Essential Constituents
- Tackling Common Medical Emergencies in Schools
- First Aid Responders Role in Physical and Mental Health Care
- Cardio – Pulmonary Resuscitation (CPR on Adults & Children)
- Flow Algorithms on Common Medical & Behavioral Emergencies
- Basic Counseling Skills through case studies and anecdotal examples and video discussions
- Common FAQs and experience sharing by the participants
- MI Room/School Dispensary – Composition and Basic Protocols





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Appendix- 3

The following pointers and questions need to be added in the Application Form

Name of the School:

Name of the Principal:

CBSE Affiliation Code:

Full Name of the School Nurse:

Name of the School Counselor/ Wellness Teacher:

Kindly mention few of the Physical and Mental Health Emergencies encountered in the school.

