

CBSE | DEPARTMENT OF SKILL EDUCATION

PHYSICAL ACTIVITY TRAINER (SUBJECT CODE: 418)

CLASS X (SESSION 2021-2022) MARKING SCHEME FOR TERM -1

Max. Time Allowed: 60 Minutes (1Hr)

Max. Marks: 25

General Instructions:

1. Please read the instructions carefully
2. This Question Paper is divided into 03 sections, viz., Section A, Section B and Section C.
3. Section A is of 05 marks and has 06 questions on Employability Skills.
4. Section B is of 15 marks and has 20 questions on Subject specific Skills.
5. Section C is of 05 marks and has 07 competency-based questions.
6. Do as per the instructions given in the respective sections.
7. Marks allotted are mentioned against each section/question.
8. All questions must be attempted in the correct order

SECTION A

Answer any 5 questions out of the given 6 questions on Employability Skills

(1 x 5 = 5 marks)

1.	Ans. (d) 7% communication is done using words	1
2.	Ans. (c) Confidence	1
3.	Ans. (c) Self-motivation	1
4.	Ans. (b) External	1
5.	Ans. (c) It can prevent data from getting corrupt	1
6.	Ans. (b) Give credit card or bank details only on secure websites	1

SECTION B

Answer any 15 questions out of the given 20 questions

(1 x 15 = 15 marks)

7.	Ans. (a) Creates an environment for learning	1
8.	Ans. (b) Intramural Program	1
9.	Ans. (b) Group song	1
10.	Ans. (a) Assessment	1
11.	Ans. (d) Dodge Ball	1
12.	Ans. (b) Neuromuscular co-ordination	1
13.	Ans. (d) BMI	1
14.	Ans. (b) Balance	1

15.	Ans. (d) Co-ordination	1
16.	Ans. (b) Assessment improves learning quality and evaluation judges learning level	1
17.	Ans. (a) Relative amounts of body fat compared to lean tissue	1
18.	Ans. (b) Toss the ball	1
19.	Ans. (c) 3-8 Years	1
20.	Ans. (c) Jumping and Landing on one leg	1
21.	Ans. (b) Parent-Teacher Meeting	1
22.	Ans. (d) Fitness and Recreational program	1
23.	Ans. (b) Balance	1
24.	Ans. (c) Two way conversation	1
25.	Ans. (d) Assembly	1
26.	Ans. (b) Summative Evaluation	1

SECTION C
(COMPETENCY BASED QUESTIONS)

Answer any 5 questions out of the given 7 questions

(1 x 5 = 5 marks)

27.	Ans. (b) Good	1																
28.	Ans. (a) Action, Balance, Co-ordination	1																
29.	Ans. (d) <table border="1" style="margin-left: 20px;"> <thead> <tr> <th>Time</th> <th>Task</th> </tr> </thead> <tbody> <tr> <td>7:45 am</td> <td>Assemble</td> </tr> <tr> <td>7:45 am</td> <td>Start the Morning Prayer</td> </tr> <tr> <td>7:48 am</td> <td>Principal address the assembly</td> </tr> <tr> <td>7:53am</td> <td>Daily News update</td> </tr> <tr> <td>7:55am</td> <td>Theme Based Activity</td> </tr> <tr> <td>8:00am</td> <td>National Anthem</td> </tr> <tr> <td></td> <td>Disperse</td> </tr> </tbody> </table>	Time	Task	7:45 am	Assemble	7:45 am	Start the Morning Prayer	7:48 am	Principal address the assembly	7:53am	Daily News update	7:55am	Theme Based Activity	8:00am	National Anthem		Disperse	1
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30.	Ans. (a) 17.31	1																
31.	Ans. (b) Balance	1																
32.	Ans. (a) Plan, Implement, Assessment, Report	1																
33.	Ans. (b) Healthy	1																