

CBSE | DEPARTMENT OF SKILL EDUCATION

BEAUTY & WELLNESS (SUBJECT CODE 407)

CLASS X (SESSION 2021-2022) SAMPLE QUESTION PAPER FOR TERM -1

Max. Time Allowed: 1 Hour

Max. Marks: 25

PART A - EMPLOYABILITY SKILLS (05 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS (1 MARK EACH)
1	Communication Skills-II	2
2	Self-Management Skills-II	2
3	Information and Communication Technology Skills-II	2
TOTAL QUESTIONS		6 Questions
NO. OF QUESTIONS TO BE ANSWERED		Any 5 Questions
TOTAL MARKS		1 x 5 = 5 Marks

PART B - SUBJECT SPECIFIC SKILLS (20 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS (1 MARK EACH)
1	Basic Skin Care Services	10
2	Basic Depilation Services	17
TOTAL QUESTIONS		27 Questions
NO. OF QUESTIONS TO BE ANSWERED		20 Questions
TOTAL MARKS		1 x 20 = 20 MARKS

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Max. Time Allowed: 1 Hour

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General Instructions:

1. Please read the instructions carefully
2. This Question Paper is divided into 03 sections, viz., Section A, Section B and Section C.
3. Section A is of 05 marks and has 06 questions on Employability Skills.
4. Section B is of 15 marks and has 20 questions on Subject specific Skills.
5. Section C is of 05 marks and has 07 competency-based questions.
6. Do as per the instructions given in the respective sections.
7. Marks allotted are mentioned against each section/question.
8. All questions must be attempted in the correct order

SECTION A

Answer any 5 questions out of the given 6 questions on Employability Skills (1 x 5 = 5 marks)

Choose the correct Option

1.	_____ takes place between two individuals. (a) Written communication (b) Public communication (c) Interpersonal communication (d) Small group communication	1
2.	“ Instead of feeling upset over a scoring less in a test, try to maintain a positive attitude and look at ways to improve the next time” is an example of _____. (a) Positivity (b) Time Management (c) Sleep (d) Healthy Diet	1
3.	_____ Barriers are designed on the basis of formal hierarchical structures. (a) Physical (b) Linguistic (c) Interpersonal (d) Organizational	1
4.	A _____ goal should have a timeframe by when the goal needs to be achieved. (a) SMART (b) MARTS (c) TRAMS (d) RAMST	1

5.	The physical parts of computer system that we can see and touch are called_____. (a) Software (b) Hardware (c) SPAM (d) DISC	1
6.	_____are the ways in which personal information can be leaked from a computer. (a) Printing (b) Scanning (c) Threats (d) Worms	1

SECTION B

Answer any 15 questions out of the given 20 questions

(1 x 15 = 15 marks)

Choose the correct option:

7.	These contain granules packed with histamine and other chemicals, released when the cell is disturbed: a) Fibroblasts b) Immune cells c) Mast cells d) Neutrophils	1
8.	Which of the following is NOT a common body measurements: a) Flexion b) Adduction c) Supine d) Mentalis	1
9.	The cheapest temporary hair removal method is: a) Shaving b) Waxing c) Bleaching d) Depilation creams	1
10.	It is the outermost layer of the hair: a) Medulla b) Cortex c) Cuticle d) Anagen	1
11.	Which chemical is used as bleaching agent: a) H ₂ O ₂ and Ammonia b) H ₂ O and Ammonia c) HO ₂ and Ammonia d) HO and Ammonia	1
12.	Which of the following is NOT the life cycle of hair: a) Anagen b) Catagen c) Telogen d) Hexagen	1
13.	_____ are keratinized and moist. a) Hair b) Mucous membranes c) Nail d) Gland	1

14.	_____ describes the structure of a human body and relationship of body parts with one another. a) Anatomy b) Physiology c) Histology d) Cytology	1
15.	Which cell is present abundantly in the epidermis layer a) Keratinocytes b) Melanocytes c) Langerhans cells d) Merkel Cell	1
16.	We should take bubble bath immediately after waxing a) Yes b) No c) Sometimes d) It's good if we take	1
17.	The length of the thread should be between _____ for threading a) 24 to 30 inches b) 40 to 50 inches c) 4 to 5 inches d) 12 to 20 inches	1
18.	After Bleaching ,when the light ray passes through the hair , they appear pale_____ a) Blue b) Golden c) Green d) Yellow	1
19.	The Beauty and Wellness Industry in India is growing at a CAGR of _____ a) 18.6% b) 20.7% c) 18.8% d) 18%	1
20.	_____ is the Layer of Skin. a) Epidermis b) Melanin c) Cortex d) Cuticle	1
21.	The _____ become more mature or differentiated and accumulate keratin as they move outwards. a) Melanocytes b) Keratinocytes c) Merkel cells d) Langerhans cells	1
22.	_____ doesn't affect hair growth. a) Waxing b) Shaving c) Bleaching d) Electrolysis	1
23.	_____ is the uppermost layer of the skin. a) Epidermis b) Dermis c) Hypodermis d) Sub dermis	1

24.	_____ is the study of the function of the body parts and the body as a whole. a) Skin b) Anatomy c) Physiology d) Neurology	1
25.	_____ are the general types of skin. a) Normal skin ,Dry skin , Oily skin b) Acne skin c) Pigmented skin d) Normal skin ,Dry skin , Oily skin & Combination skin	1
26.	_____ is applied to refresh and cool the skin. a) Cleanser b) Moisturizer c) Toner d) Cream	1

**SECTION C
(COMPETENCY BASED QUESTIONS)**

Answer any 5 questions out of the given 7 questions

(1 x 5 = 5 marks)

	As a Beauty Therapist, it is mandatory to perform skin sensitivity test before proceeding with any treatment involving chemicals and you have also taken the written permission from the client to proceed with the treatment of Bleach.	
27.	Which will be the first step before you proceed with bleach? i. Mixing of Bleach cream ii. Perform skin sensitivity test iii. Record a card iv. Analyze the skin condition	1
28.	Before how many hours of the treatment you will perform the sensitivity test? i. 38 hours ii. 24 hours iii. 12 hours iv. 72 hours	1
29.	What you want the client to inform you in next 24 to 48 hours? i. Redness ii. Facial skin color change iii. Facial hair color change iv. Relaxing	1
30.	Where will you do the sensitivity test? i. On forearm ii. On behind the ear iii. On hand iv. On neck	1

31.	<p>How should be the area, where you take the sensitivity test?</p> <ul style="list-style-type: none"> i. Clean ii. Moisturized iii. Oily iv. Dirty 	1
32.	<p>If you have observed any reaction, how will you inform the client?</p> <ul style="list-style-type: none"> i. Harshly ii. Shoutedly iii. Politely iv. Silently 	1
33.	<p>Bleaching process doesn't remove hair; It's only destroys the coloring pigment 'melanin' from hair and change the hair color.</p> <ul style="list-style-type: none"> I. Statement is True II. Statement is False III. It darken the skin tone IV. It removes the hair 	