

CBSE | DEPARTMENT OF SKILL EDUCATION

BEAUTY & WELLNESS (SUBJECT CODE 407)

CLASS IX (SESSION 2021-2022) BLUE PRINT FOR SAMPLE QUESTION PAPER FOR TERM -1

Max. Time Allowed: 1 Hour

Max. Marks: 25

PART A - EMPLOYABILITY SKILLS (05 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS (1 MARK EACH)
1	Communication Skills-I	2
2	Self-Management Skills-I	2
3	Information and Communication Technology Skills-I	2
TOTAL QUESTIONS		6 Questions
NO. OF QUESTIONS TO BE ANSWERED		Any 5 Questions
TOTAL MARKS		1 x 5 = 5 Marks

PART B - SUBJECT SPECIFIC SKILLS (20 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS (1 MARK EACH)
1.	Beauty & Wellness Industry & Beauty Therapy	7
2.	Manicure, Pedicure & Mehendi Services	20
TOTAL QUESTIONS		27 Questions
NO. OF QUESTIONS TO BE ANSWERED		20 Questions
TOTAL MARKS		1 x 20 = 20 MARKS

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Max. Time Allowed: 1 Hour

Max. Marks: 25

General Instructions:

1. Please read the instructions carefully
2. This Question Paper is divided into 03 sections, viz., Section A, Section B and Section C.
3. Section A is of 05 marks and has 06 questions on Employability Skills.
4. Section B is of 15 marks and has 20 questions on Subject specific Skills.
5. Section C is of 05 marks and has 07 competency-based questions.
6. Do as per the instructions given in the respective sections.
7. Marks allotted are mentioned against each section/question.
8. All questions must be attempted in the correct order

SECTION A

Answer any 5 questions out of the given 6 questions on Employability Skills

(1 x 5 = 5 marks)

Choose the correct Option

1.	Which method is used to receive information through a letter? a) Listening b) Speaking c) Reading d) Writing	1
2.	What are close ended questions? a) Questions that can have any answer b) Questions that do not have answer c) Questions with yes or no answer d) Questions that have many answers	1
3.	Effective time management includes: a) Organize b) Unorganized c) Helpful d) Casual	1
4.	What makes you complete your work without others cheering you? a) Self-confidence b) Self motivation c) Communication d) Self esteem	1

5.	ICT stands for a) Information and Communication Technology b) Information and Command Technology c) Input and Command Technology d) Information and Common Technology	1
6.	What should a strong password consist of? a) Only letters b) Number in special characters c) Name of the person d) Letters, numbers and special characters	1

SECTION B

Answer any 15 questions out of the given 20 questions

(1 x 15 = 15 marks)

7.	_____ Centers offer pro-active services aimed at relaxing the body and mind. a) Alternate therapy b) Fitness and slimming centers c) Rejuvenating centers d) Salon	1
8.	Unisex salon provides the services to _____ a) Men b) Women c) Both (a) & (b) d) Only for girls	1
9.	_____ Treatment helps in improving your feet. a) Pedicure b) Threading c) Manicure d) Bleaching	1
10.	_____ Is the method used for lightening the skin tone a) Waxing b) Threading c) Face clean up d) Bleaching	1
11.	Face clean up is done for _____ skin pores and allows skin to breathe. a) Exfoliating b) Congestion c) Unclogging d) Dogging	1
12.	Styling the hair is also called _____ a) Personal grooming b) Hair dressing c) Blow drying d) Hair cutting	1

13.	_____ Is the art of decorating the hands and legs. a)Manicure b)Pedicure c)Mehendi d)Nail art	1
14.	Sterilization method involves _____ a)Disinfecting b)Steaming c)Wiping d) Cleansing	1
15.	A client's record card contains _____ a)Client's information b)Directions of the saloon c) Office detail d) Health detail	1
16.	_____ is very important for beauty and wellness industry a) Hygiene & Sterilization b) Non sterilized equipment c) Art d) Indiscipline	1
17.	_____ is the study of structure of body. a)Naturopathy b)Homoeopathy c)System d)Anatomy	1
18.	_____ forms the framework of the human skeleton a)Bones b)Bone marrow c)Cartilage d) Tendons	1
19.	There are _____ Muscles in our body a)206 b)210 c)650 d)400	1
20.	Nails are made up of protein called _____ a)Melanin b)Keratin c)Melanocytes d) Ceratin	1
21.	Cuticle is also known as _____ a)Hyponychium b)Eponychium c)Perionychium d) Nail Plate	1
22.	The pink appearance of the nails comes from _____ vessels. a)Blood b)Ligaments c)Tendons	1

	d) Nail Folds	
23.	Before applying Nail paint you should place _____ between the toes. a)Pumic stone b)Emery board c)Toe separators d)Cuticle cutter	1
24.	Scrubber is used to _____ a)Tighten the skin b)Make the skin shiny c)Remove dead skin d)Protect the skin	1
25.	The tip of Mehendi cone to be clean repeatedly _____ a)To ensure smooth flow b) To form the design c)To bring consistency in design d) a & c both are correct	1
26.	The mixture of lemon juice and sugar is applied _____ a)On dried Mehendi b)On semi dried Mehendi c)After removing Mehendi d)Before applying mehendi	1

SECTION C
(COMPETENCY BASED QUESTIONS)

Answer any 5 questions out of the given 7 questions

(1 x 5 = 5 marks)

As a Beauty Therapist, there are regardless of treatments being carried out. When you are performing the treatment for Manicure, you need to ensure that all materials, equipments and products are handy.

27.	What you will use for the each client? a) Clean towels b) Non-disposable products c) Untidy area d) Clothes	1
28.	What firstly you will do with the tools which you use before and after the treatment? a) Will use on client b) Put back in place c) Sterilize d) Pack in the box	1
29.	What you will use to remove hangnails and dead skin around the cuticle? a) Nail clipper b) Cuticle knife c) Emery board d) Cuticle nipper	1
30.	What you will use to cut the nails? a) Nail buffer b) Orange stick c) Both a and b d) Nail cutter	1

31.	What will seal the free edge layers of the nails and helps in preventing water loss and damage? a) Bevelling b) Enameling c) Top coat d) Base coat	1
32.	What will help in the absorption of the cuticle cream, resulting in the softening of skin? a) Massage b) Soaking of hands c) Cleansing d) Scrubbing	1
33.	Mark the correct steps for applying nail polish a) Base coat , Top coat , Nail Polish color b) Base coat , Nail Polish color, Top coat c) Nail Polish color , Top coat d) Base coat , Nail polish color	1