

FOOD NUTRITION & DIETETICS (CODE NO. 834)
CLASS XI (SESSION 2019-2020)

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Theory (Part A & B)	70 marks
Practical (Part C)	30 marks
Total Marks	100 marks

Theory

❖ **PART A: EMPLOYABILITY SKILLS**

- Unit 1: Communication Skills
- Unit 2: Self-Management Skills
- Unit 3: Basic ICT Skills
- Unit 4: Entrepreneurial Skills
- Unit 5: Green Skills

❖ **PART B:**

- Unit 1 – Food and Nutrition: Basic Concepts
- Unit 2 – Nutrition through the Life Cycle
- Unit 3 – Public Health and Nutrition: Basic Concept
- Unit 4 – Public Health and Nutrition Disorders
- Unit 5 – Public Health and Nutrition: Programmes and Policies
- Unit 6 – Nutrition Education, Communication and Behaviour Change

Practical

❖ **PART C:**

- Viva
- Project Work
- Practical file/Report/Portfolio or Power Point presentation
- Demonstration of skill competency via Lab Activities