



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

**CENTRAL BOARD OF SECONDARY EDUCATION**

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/DIR(ACAD)/2022

April 8, 2022

Circular No. Acad-45/2022

All Heads of the Schools affiliated with CBSE

**Subject: Adolescent Peer Educators Leadership in Life Skills, Health and Wellbeing Programme –reg.**

The Board Vide Circular No. Acad-80/2021 dated 10<sup>th</sup> September 2021 has announced to initiate and support the Adolescent Peer Educators Leadership Program for enriching Life Skills, Holistic Health and Wellbeing of its students in collaboration with Expressions India. The Board launched the programme on 23<sup>rd</sup> November 2021.

The rationale of such initiative is to equip and enable students to play a vital role in creating a participatory climate for behavioural change and adaptation to strengthen the inclusive environment as the COVID – 19 pandemic has impacted the psychosocial wellbeing of children and adolescents across the country. The program aims to empower the Life Skills and Wellbeing Ambassadors and to enrich the climate for Healthy and Happy Schools.

## First Phase of the Training Programmes

Around 2462 schools enrolled their students and teachers in the first phase of the training programmes to be conducted under this programme. The nominated students (Peer Educators) and teachers from many of these schools who have been trained under this programme have prepared a plan of action for the successful implementation of Life Skills, Health and Well Being in their schools.

## Second Phase of Training Programmes

The Board will start the second phase of the training programmes in the month of **May 2022**. The schools are requested to send their nominations as per the following:

- Nominate four senior students (Peer Educators) - two each from class IX and XI to participate in the comprehensive orientation program.
- Also nominate one Teacher and the School Counselor/ Wellness Teacher to support the 4 peer educators.

While nominating the representative Peer Educators Team, please ensure that all the team members have the following:

1. Enthusiasm and commitment for teamwork
2. Good communication skills and empathy for peers

‘शिक्षा सदन’ ,17 राऊज़ एवेन्यू , इंस्टीटूशनल एरिया, नई दिल्ली-110002



‘Shiksha Sadan’, 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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3. Ability to model and lead appropriate behavior for others
4. Zeal for knowledge and sensitivity towards health and wellbeing issues

### How to Register

- Schools willing to participate may fill up the online registration form available at the link <https://forms.gle/WV5sSv4wAm8WWJMr6>
- A brief note (400 words) of the online activities being carried out by the school for the promotion of **Life Skills, Holistic Health and Wellbeing** should also be submitted along with the registration form.
- The **last date** for filling the online registration form is **30<sup>th</sup> April, 2022**. Only online registration forms will be acceptable.

### Number of schools per programme

- Around 50 schools shall be enrolled per training programme. The schedule of these programmes shall be accordingly informed to the respective schools. Certificate of Participation (e-certificate) will be awarded to the participating Students and Teachers.

The complete details of the programme are given in Circular No. Acad-80/2021 dated 10<sup>th</sup> September 2021 and is available at [https://cbseacademic.nic.in/web\\_material/Circulars/2021/80\\_Circular\\_2021.pdf](https://cbseacademic.nic.in/web_material/Circulars/2021/80_Circular_2021.pdf)

School Heads are requested to encourage the involvement of students, teachers and counsellors for building a continuous climate of life skills education paradigm in the schools.

For further queries, please mail at [peerlifefskills@gmail.com](mailto:peerlifefskills@gmail.com)

**Dr. Joseph Emmanuel**  
Director (Academics)

### Copy to:

Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

- 1 The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India, Shastri Bhawan, A - Wing, Dr. Rajendra Prasad Road, New Delhi, 110001
- 2 The Joint Secretary (BR/CER/Sainik Schools), Sainik Schools Society, Room No. 108 (I), South Block, New Delhi-110001
- 3 The Chairman, Odisha Adarsha Vidyalaya Sangathan (OAVS), N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odhisha
- 4 The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
- 5 The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309

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- 6 The Director of Education, Directorate of Education, Govt. Of NCT of Delhi, Old Secretariat, Delhi-110054
- 7 The Director of Public Instructions (Schools), Union Territory Secretariat, Sector9, Chandigarh-160017
- 8 The Director (Exam. & Scholarship), HRDD Department, Gangtok, Govt. of Sikkim, Sikkim-737101
- 9 The Director of Secondary Education, Department of Education, Govt. of Arunachal Pradesh, Itanagar – 791111. Mob: 08794812121
- 10 The Director (Education), Directorate of Education VIP Road, Port Blair, A&N Island – 744103
- 11 The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector-3, Rohini, Delhi
- 12 The Additional Director General of Army Education, A-Wing, Sena Bhawan, DHQ PO, New Delhi-110001
- 13 The Director AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
- 14 All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective Regions
- 15 All Joint Secretary/Deputy Secretary/Assistant Secretary/SPS/Analyst, CBSE
- 16 All Head(s)/In-Charge(s), Centre of Excellence, CBSE
- 17 Incharge IT Unit with the request to put this Circular on the CBSE Academic Website
- 18 In-Charge, Library
- 19 The Head (Media & Public Relations), CBSE
- 20 DS to Chairman, CBSE
- 21 SPS to Secretary, CBSE
- 22 SPS to Director (Academics), CBSE
- 23 SPS to Director (Information Technology), CBSE
- 24 SPS to Controller of Examinations, CBSE
- 25 SPS to Director (Training and Skill Education), CBSE
- 26 SPS to Director (Professional Examinations), CBSE
- 27 SPS to Director (CTET), CBSE
- 28 SPS to Director (EDUSAT), CBSE
- 29 Record File

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