



केन्द्रीय माध्यमिक शिक्षा बोर्ड  
(मानव संसाधन विकास मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)  
**CENTRAL BOARD OF SECONDARY EDUCATION**  
(An Autonomous Organisation under the Ministry of Human Resource Development, Govt. of India)



CBSE/DIR(Academics)/Fit India/2021

03.03.2021

Circular No. Acad-22/2021

All the Heads of CBSE Affiliated Schools,

**Subject: Physical Education and Community Coaching Program for all Women Teachers, March 2021 – reg.**

I am pleased to inform that to commemorate the International Women's Day 2021, Ministry of Youth Affairs and Sports, under the aegis of FIT INDIA MOVEMENT along with Ministry of Women & Child Development is organizing an Online Physical Education and Community Coaching Program for all Women Teachers.

The above program will be conducted in March 2021 to be embarked on 08 March 2021. It will be a Two Week Program with 28 sessions in total (two sessions of 90 minutes each). The program would provide an opportunity **for Women Teachers** to learn from the best Trainers in the world and reflect an empowerment of women in the field of Physical Education and Health.

Online Training Program is intended to train the following category of women Teachers:

- i. Primary Classes: Primary Teachers who undertake Physical Activities
- ii. Secondary/Sr Secondary Classes: (a) PE Teachers and (b) Community Coaches
- iii. Aspiring Teachers/Coaches

Training is free of cost to all participants. Participation Certificate will be given to the participants who will attend 70% classes. Certificate of Merit will be given to participants who get 60% marks in online examination.

Detailed schedule of online Training has been attached as 'Annexure A'

Registration link: <https://schoolfitness.kheloindia.gov.in/tot.aspx>

Please ensure that from every school few teachers join the proposed online Training Program for Women Teachers.

With Best Wishes,

Dr Joseph Emmanuel  
Director (Academics)



'शिक्षा सदन', 17 राऊज एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002  
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Director General, Sports Authority of India (Ministry of Youth Affairs & Sports), Jawaharlal Nehru Stadium Complex, East Gate No. 10, Lodhi Road, New Delhi – 110003
2. The Mission Director, "Fit India", Sports Authority of India (Ministry of Youth Affairs & Sports), Jawaharlal Nehru Stadium Complex, East Gate No. 10, Lodhi Road, New Delhi - 110003
3. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, Delhi-110016.
4. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida 201309.
5. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
6. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
7. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
8. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
9. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
10. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
11. The Additional Director General of Army Education, A-Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
12. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
13. All Director/Regional Directors/Regional Officers/Heads/In-Charges, COEs of the Board with request to disseminate the information
14. The Head (Media & PR), CBSE
15. PS to Chairperson, CBSE
16. In-charge IT Unit (Academic) with the request to upload the circular at Board's CBSE Academic website



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