All the Heads of Schools affiliated to CBSE

Subject: Online Essay Competition on the theme 'Aatmanirbhar Bharat-Swatantra Bharat' – regarding

Introduction
The Ministry of Human Resource Development (MHRD), Government of India has announced an online essay competition for school students at the secondary and senior secondary stages (classes IX, X, XI and XII) on the theme 'Aatmanirbhar Bharat - Swatantra Bharat', which envisions the emergence of a robust and strong nation committed to the welfare of all.

The themes designed in the essay will help students to explore their ideas for translating the concept of Aatmanirbhar, self-reliance into achievable one. The themes of the Essay Competition are enclosed as annexure A.

Guidelines for Participation

1. **Word Limit of Essay for each theme**
   a. For the Secondary Stage (Class IX and X) - the essay should be within 500* word limit
   b. For the Higher Secondary Stage (Class XI and XII) - the essay should be within 800* word limit
   *The essay should not exceed word limit. This would lead to disqualification.

2. **Mode of submission**
   a. The participant should submit the write-up in PDF file format only.
   b. Visit the website [www.MyGov.in](http://www.MyGov.in) to submit the essay.
   c. Write-up text should be submitted in readable Font of Hindi/English.
   d. Font size should be 12 for English and 14 for Hindi.
   e. Line spacing should be 1.15 only.
   f. Entries must be in either in English or Hindi.

3. **Last Date of Submission: 14th August 2020, 11:59 PM.**

For complete guidelines, please visit [https://innovate.mygov.in/essay-competition/#tab1](https://innovate.mygov.in/essay-competition/#tab1)

School Heads are encouraged to motivate their students to participate in the programme and express their ideas for translating the concept of Aatmanirbhar into a reality.

(Dr. Joseph Emmanuel)
Director (Academics)
Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida 201309
3. The Secretary School Education, Special Project Director-SSA /Directorate of Education/Director (SCERT) – Govt. of NCT of Delhi.
4. The Secretary School Education, Special Project Director-SSA /Directorate of Education/Director SCERT – UT Chandigarh.
5. The Secretary School Education, Special Project Director-SSA / Director of Education/Director (SCERT), Govt. of Sikkim, Gangtok.
6. The Secretary School Education, Special Project Director-SSA / Director of Education/Director (SCERT), Govt. of Arunachal Pradesh, Itanagar.
7. The Secretary School Education, Special Project Director-SSA / Director of Education/Director (SCERT), Govt. of A&N Islands, Port Blair.
8. Director Schools, IAF Educational Cultural Society Air Headquarters (RKP) West Block-VI, R. K. Puram New Delhi – 110066
9. The Principal Director, Director of Naval Education (Navy Education Society) H.Q. MOD (NAVY) West Block-V, II Floor, R.K. Puram New Delhi – 110066
10. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
11. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
12. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
13. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
14. All Heads/ In-Charges, COEs of the Board with request to disseminate the information
15. All Joint Secretary/Deputy Secretary/Assistant Secretary, CBSE
16. In charge IT Unit with the request to put this circular on the CBSE Academic website
17. The Head Public Relations Unit, CBSE
18. EO to Chairman, CBSE
19. SPS to Secretary, Director (IT), Director (Academics), Controller of Examinations, Director (SE&T) and Director (PE), CBSE

Director (Academics)
Annexure A

Themes of the Essay Competition

1. Aatmanirbhar Bharat: Indian Constitution and Democracy are the biggest enablers
2. India at 75: A Nation Marching towards Aatmanirbhar Bharat
3. Aatmanirbhar Bharat through Ek Bharat Shrestha Bharat: Innovation thrives when there is Unity in Diversity
4. Digital India for Aatmanirbhar Bharat: Opportunities on COVID-19 and Beyond
5. Aatmanirbhar Bharat - How can school children contribute to National Development?
6. Aatmanirbhar Bharat: Overcoming Gender, Caste and Ethnic biases
7. Aatmanirbhar Bharat: Making of a New India through Bio-diversity and Agricultural Prosperity
8. While I exercise my rights, I must not forget to undertake my duties to usher in an Aatmanirbhar Bharat
9. My physical fitness is my wealth that will build the Human Capital for Aatmanirbhar Bharat
10. Conserve Blue to Go Green for an Aatmanirbhar Bharat